

Defend your health this season: Get your annual flu shot ^[1]

September 19, 2018 by [Employee Services](#) ^[2]

The best offense is a good defense - especially when it comes to the flu. That's why Employee Services and Kaiser are hosting campus flu shot clinics for CU faculty and staff this October.

Learn more about your campus clinics:

Boulder, Denver, Anschutz & System:

CU Health Plan primary members and covered spouses can receive a free flu shot at their campus clinic. [Registration is required](#) ^[3], ^[3] and you must present your CU Health Plan ID card (Anthem or Kaiser) upon arrival. If you aren't a plan member, you can still receive a shot for just \$26.

Colorado Springs:

Kaiser Permanente will host clinics at UCCS. These are open to all CU employees and their spouses, regardless of health coverage. Attendees will receive a flu shot with no out-of-pocket costs. Vaccinations are on a walk-in basis, and no registration is required.

PLEASE NOTE: Clinics are for benefits-eligible CU employees and spouses only. **Students and dependent children are not eligible.**

[Schedule and Registration](#) ^[3]

[flu shot](#) ^[4], [benefits](#) ^[5], [Employee Services](#) ^[6], [Kaiser](#) ^[7]

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Links

[1] <https://www.cu.edu/blog/work-life/defend-your-health-season-get-your-annual-flu-shot>

[2] <https://www.cu.edu/blog/work-life/author/9230>

[3] <https://www.cu.edu/employee-services/coming-soon/flu-shot-clinics>

- [4] <https://www.cu.edu/blog/work-life/tag/flu-shot>
- [5] <https://www.cu.edu/blog/work-life/tag/benefits>
- [6] <https://www.cu.edu/blog/work-life/tag/employee-services>
- [7] <https://www.cu.edu/blog/work-life/tag/kaiser>