

## **CU employer match to increase for GME retirement contributions** <sup>[1]</sup>

April 10, 2026 by [ES and UIS Communications](#) <sup>[2]</sup>

The University of Colorado Office of Graduate Medical Education (GME) debuted the [CU 403\(b\) GME Retirement Option](#) <sup>[3]</sup> on Jan. 1, 2025. GME medical residents are **automatically enrolled** upon hiring at a rate of 0.5% of their pretax income and are eligible for an employer match contribution.

The 0.5% contributions are automatic, but not mandatory — GME residents can enroll, change or terminate their contributions at any time. You can always choose to contribute more than the 0.5% minimum, but the employer match will remain the same for all GME residents who meet the minimum.

The employer match is currently 1% of residents' pretax wages, but GME residents will see an **increase in their employer match** this summer.

### **Employer retirement contributions to increase**

Starting July 1, 2026, CU will increase the employer match contribution to 2% of residents' wages, doubling the current 1% match. This increase only applies to residents who **contribute 0.5% (or more)** of their monthly pretax income.

Residents who have opted out of the retirement plan and are not currently contributing the minimum 0.5% required for the match **will not receive the employer match**.

However, you can opt in or increase your contribution at any time.

To opt out, opt in or change the amount they contribute, GME residents must submit a [GME salary reduction agreement \(GME SRA\) form](#) <sup>[4]</sup> in the portal by the 10th of the month for those changes to take effect that same month.

Visit the [CU 403\(b\) page](#) <sup>[5]</sup> for more information.

### **Display Title:**

CU employer match to increase for GME retirement contributions

### **Send email when Published:**

No

---

**Source URL:** <https://www.cu.edu/blog/work-life/cu-employer-match-increase-gme-retirement-contributions>

### **Links**

[1] <https://www.cu.edu/blog/work-life/cu-employer-match-increase-gme-retirement-contributions>

[2] <https://www.cu.edu/blog/work-life/author/249473> [3] <https://www.cu.edu/employee-services/benefits-wellness/gme-medical-residents/retirement-savings-plans>

[4]

<https://nam02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.cu.edu%2Fnode%2F345733&data>  
[5] <https://www.cu.edu/employee-services/benefits-wellness/gme-medical-residents/retirement-savings-plans/cu-403b>