CU Advantage is your library to health benefits, features and more [1]



April 24, 2023 by Employee Services [2]

The final page of this year's Open Enrollment is drawing near. Eligible faculty, staff and GME residents have until 5 p.m. (MT) May 5 to update or enroll in their chosen health plans for the 2023-24 plan year.

This year, there's a brand-new tool eligible enrollees have at their fingertips to understand and use some hidden gems included in their benefits.

The <u>CU Advantage</u> [3] is a library of information on all CU's benefits, perks, resources and discounts. This site catalogs every available employee perk, whether they're offered across the entire CU system or specific to a campus. As eligible employees weigh their enrollment decisions, the CU Advantage site will feature an <u>Open Enrollment category</u> [4] to highlight lesser-known benefits coverage and services.

To help benefits-eligible employees explore the features of their health plans, CU Advantage highlights distinct components such as <u>fertility treatments</u> [5], <u>acupuncture</u> [6], <u>mental health</u> coverage [7] and a sleep improvement program [8] available to medical plan enrollees.

For those enrolled in certain dental plans, CU Advantage highlights coverage for <u>four dental cleanings</u> [9]each year, <u>childhood dental care</u> [10] and the availability of <u>adult orthodontic</u> coverage [11] on the Choice dental plan.

Of course, there's more to health care and treatment decisions than insurance. CU Advantage catalogs information for all employee benefits including health savings plans, wellness programs and more.

Search for the benefits you need

Navigating <u>CU Advantage</u> [3] is easy. Use the search field at the top of the page to narrow your search results by category, campus (highly recommended as some perks are only available on specific campuses) and keyword. Select the "Open Enrollment" category in the search bar to learn more about features and services that may inform your benefits choices.

For the full, detailed story on CU's benefits offerings, visit the Open Enrollment website [12].

Share your feedback — and win!

Employee Services wants to know about faculty and staff experiences using CU Advantage items. Each month through 2023, Employee Services will select a faculty or staff member who has submitted feedback on using a CU Advantage perk to receive \$50 in their next paycheck.

This feedback will help all faculty and staff identify discounts and services that will best serve them, and any feedback to improve perks — or the instructions for using them — is welcome. Employees can share positive experiences, suggestions for improvement or challenges encountered making use of a benefit or perk by using the site's feedback form [13].

Plot the next chapter of your benefits by May 5

Open Enrollment ends at 5 p.m. May 5.

If you like your current benefits plans, you don't need to act – you will be automatically reenrolled. There's one exception: If you want to put aside money in a flexible spending account for health care or dependent care, you will need to enroll or re-enroll.

If you're considering making changes, get started by visiting the Open Enrollment website [12].

open enrollment [14], <u>CU Advantage</u> [15], <u>CU Health Plans</u> [16], <u>Kaiser</u> [17], <u>Anthem</u> [18], <u>Delta</u> Dental [19], <u>WINFertility</u> [20], fertility [21]

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