Published on *University of Colorado* (https://www.cu.edu)

Boost your financial know-how fast with TIAA's Financial Essentials video series [1]

June 2, 2025 by ES and UIS Communications [2]

Planning for your financial future can be difficult and time consuming. Complex topics like annuities, education costs and debt management are hard to navigate by yourself.

Luckily, TIAA is here to help you manage your finances and plan effectively. The Financial Essentials YouTube series [3] discusses a multitude of financial subjects in 1- to 5-minute videos, allowing you to get a solid overview of each when it is convenient for you.

This series offers invaluable advice and tips for all career stages, whether you are just starting to map out your financial plans or already have plans in progress. In addition, the series has guidance tailored for groups like women, beginners and beneficiaries – ensuring no one is underserved or left in the dark.

Videos include:

- 3 Tips to Maximize Your Employee Retirement Plan
- 4 Key Strategies for Mid-Career Financial Planning
- Top 3 Tips to Stay Safe Online
- 3 Myths About Healthcare Costs in Retirement
- 3 Essential Investing Tips for Beginners
- Living Well in Retirement
- Financial Planning for Women
- What to know about annuities & variable annuities
- Preparing for Retirement
- Social Security Benefits: 4 Key Principles to Know

New videos are posted each quarter and can be accessed anytime by visiting TIAA's Financial Essentials YouTube playlist [3].

Get personal advice with a no-cost financial consultation

Still have questions about your financial plan or future? All CU employees can schedule free personalized financial consultations with TIAA's expert financial advisors. Learn more and schedule a no-cost consultation [4].

benefits [5], TIAA [6], financial wellness [7]
Send email when Published:
No

Source URL:https://www.cu.edu/blog/work-life/boost-your-financial-know-how-fast-tiaas-financial-essentials-video-series

Links
[1] https://www.cu.edu/blog/work-life/boost-your-financial-know-how-fast-tiaas-financial-essentials-video-series [2] https://www.cu.edu/blog/work-life/author/166688
[3] https://www.youtube.com/playlist?list=PLfnE8OyXprMXmHa7vB1f0XYGnjNbIcwI-
[4] https://advantage.cu.edu/perk/book-no-cost-financial-consultation-tiaa [5] https://www.cu.edu/blog/work-life/tag/benefits [6] https://www.cu.edu/blog/work-life/tag/tiaa
[7] https://www.cu.edu/blog/work-life/tag/financial-wellness