

Simplify scheduling with Outlook's Scheduling Poll ^[1]

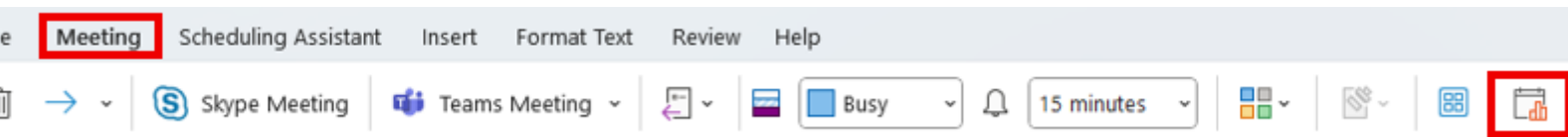
September 22, 2025 by [ES and UIS Communications](#) ^[2]

For most small, one-time meetings with fewer than 10 attendees, scheduling meetings with Outlook's Scheduling Assistant ^[3] is the fastest way to find a time that works for everyone.

However, if you're scheduling recurring or large group meetings, Outlook's Scheduling Poll makes it easy to propose multiple time options and let participants vote for what works best – eliminating the need for external tools.

Creating a Scheduling Poll

1. In the Outlook desktop app, navigate to the **Calendar** and select **New Meeting**.
2. List required attendees in the **Required** field and optional attendees in the **Optional** field, and add a title.
3. Select the **New Scheduling Poll** icon under the **Meeting** tab.



4. Select the meeting settings, including time zone, duration, meeting hours (only suggest options within work hours) and date.

Scheduling Poll

[View all your polls](#)

Time zone

(UTC-07:00) Mountain Time (US & Ca...

Duration

00:30

Meeting hours

Date

<

>










9/15/2025

5. Scheduling Poll looks through attendees' schedules and suggests a list of suitable meeting times. Select your desired times and click **Next**.

Date ⓘ < >

9/15/2025

Sort by Availability ▾

<input checked="" type="checkbox"/>	09:00 AM	 3 ▾
<input type="checkbox"/>	09:30 AM	 3 ▾
<input checked="" type="checkbox"/>	10:00 AM	 3 ▾
<input checked="" type="checkbox"/>	12:30 PM	 3 ▾
<input checked="" type="checkbox"/>	01:00 PM	 3 ▾
<input type="checkbox"/>	01:30 PM	 3 ▾
<input checked="" type="checkbox"/>	02:00 PM	 3 ▾
<input type="checkbox"/>	03:00 PM	 3 ▾
<input type="checkbox"/>	03:30 PM	 3 ▾






5 times selected

Next

6. Confirm your poll's details and settings, then click **Create poll**.

Selected times

Monday, September 15

9:00 AM	
10:00 AM	
12:30 PM	
1:00 PM	
2:00 PM	

Location

via Zoom

☐ Teams meeting

▼ Manage poll settings

- ☒ Schedule when attendees reach consensus
- ☒ Hold selected times on my calendar
- ☒ Notify me about poll updates
- ☒ Require attendees to verify their identity
- ☐ Lock poll for attendees

[← Back](#) [Create poll](#)

Visit Microsoft's [Create a Scheduling Poll in Outlook for Windows](#) [4] page for more information.

Outlook email [5]

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[4] <https://support.microsoft.com/en-us/office/create-a-scheduling-poll-in-outlook-for-windows-34176e59-c87a-4a19-85a4-bb35050ace02>

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