

Put a Spring in your step with CPE on March 20 ^[1]

March 7, 2019 by [normandy.rodén](#) ^[2]

The first day of Spring is March 20. That makes it a great day to renew yourself, and your career, by dedicating time to Continuing Professional Education (CPE).

Accept it: You're human. You work with humans.

So you need to learn how to (1) understand and positively manage your own emotions and (2) understand and positively influence the emotions of others.

Now, do it: We've opened registration for two emotional leadership courses on Wednesday, March 20, at 1800 Grant Street in Denver.

- [What Makes an Effective Leader?](#) ^[3] (new course!), 10:00am-11:25am – Learn strategies that will help you draw on personal strengths to address a variety of challenges and drive the best results. *You must bring a laptop to class so you can complete an online assessment as one of the course exercises.*
- [Emotional Intelligence](#) ^[4] 12:30pm-3:20pm – Pick up skills to improve both personal and interpersonal functioning by exploring and applying the components of Emotional Intelligence.

Register at www.cu.edu/controller/schedule-and-registration ^[5].

We look forward to seeing you soon.

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