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Resilience and Growth: Learning from failure [1]

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Everyone makes mistakes. How you use shortcomings and mistakes to develop yourself is part of the productive cycle of failure. Embracing challenging tasks develops an openness to possibilities. Focusing on adopting a learning mentality develops a goal of gaining new skills and insights. These pathways to skills are valuable to refresh and hone your success-focused mindset.

Shortcomings, mistakes, and failures in a professional context can be quite dismaying. In “Learning from Failure [3],” author Todd Dewett helps craft a positive way of admitting and using failure as a tool of progression. In 26 minutes, Dewett examines the individual personal relationship with failure, communicating that setbacks are an opportunity to step back and gain a wider perspective.

In this course, you will develop expertise in separating failure from fault and turning setbacks into breakthroughs- building trust, authenticity, and humility.

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