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Make success a routine with these one-minute habits you can start today [1]

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A lot of the time, our smallest actions can impact success, whether good or bad. In "One Minute Habits for Success," [3] by Scott Mautz, you will learn many actionable and simple habits that can support a success-driven mindset.

In this 40-minute course, you will learn about many habits you can start implementing in your daily life that will help you start to think with a success-driven mindset. These habits address self-confidence, focus, communication, stopping procrastination and many others.

Each habit is designed to make you think about it through mindset, skillset and reset. Each habit is a productive one to have, but you can choose which ones are the most important to you depending on your own situation.

Maybe procrastinating has really set you behind on a few projects. Maybe you have trouble with presenting. No matter the reason, there is a one-minute habit in this course that will help you address your challenges and become more successful.

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