Have you been looking at failure the wrong way? [1]

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It can sometimes be hard to see how failure can end up being a benefit. In reality, failure is a chance to learn where we went wrong so we can be better prepared to succeed next time.

In the course "<u>Creating Success from Failures</u> [3]" by Audrey Daniels and Madecraft, you will learn how failure can be an opportunity for growth. By taking 43 minutes to watch the course, you can learn how to manage the negative thoughts that can arise when you fail and how to start building a growth mindset so you can more easily learn and improve after a failure.

Blaming ourselves when we fail is common and difficult to avoid, but this course will teach you how to own your mistakes and, through doing so, how to thrive. So, if that class project didn't turn out the way you wanted it to or that test wasn't your best attempt, this course will teach you how to move on from those disappointments and build your capacity to prepare for those difficult assignments.

Watch now [3]

failure [4], mid-college career [5]

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