

What's changing this Open Enrollment? ^[1]

April 8, 2019 by [Employee Services](#) ^[2]

Open Enrollment begins at **8 a.m. April 22 and ends at 5 p.m. May 10**. Review this year's changes below, then begin charting your plan.

What's changing?

CU Health Plan - Vision enhancements

The annual amount covered for prescription glasses frames or contact lenses will increase from \$130 to \$155, and the copay for vision exams will decrease from \$30 to \$20.

More cavity treatment options for kids

CU's dental plans Essential, Choice and Premier will add silver diamine fluoride and interim therapeutic restorations as options for cavity treatment. These are typically used for kids, as they keep baby teeth in place longer, reducing the need for extractions.

Out-of-pocket maximums are increasing

Out-of-pocket maximums for CU Health Plans – Extended, Exclusive and Kaiser will increase from \$7,350 to \$7,900 for individuals and \$14,700 to \$15,800 for families.

Slight increases to rates

There will be a small rate increase for most medical and dental plans. Full rates will be available on [Employee Services' Open Enrollment website](#) ^[3] soon.

Register for Open Enrollment workshops, sessions and fairs

Have you considered all of your health care options? Employee Services will hold workshops, sessions and fairs to help you make the best health care decisions for you and your family.

To learn about benefits options and register for workshops, sessions and fairs, [visit Employee Services' Open Enrollment website](#) ^[3].

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