

International Traveler Letter

Review this entire document carefully for important information about traveling internationally.

International Travel Assistance including Medical and Evacuation Insurance

The University of Colorado (CU) provides CU employees traveling abroad on university-sponsored international travel with an international insurance policy. This policy is paired with 24/7 travel assistance services provided by [International SOS](#) (ISOS). Contact ISOS to coordinate your international medical and evacuation insurance benefits for you.

Note: The insurance does not apply in U.S. Territories; your health insurance is the primary remedy for any health needs you may have when traveling to Puerto Rico, Guam, and other U. S. Territories. ISOS can be contacted for travel assistance when visiting these territories.

[International SOS](#)

[Log in](#) to our ISOS-hosted website for travel assistance, information, and country-specific advice. When you book through the University travel agency, country information and alerts are automatically emailed to you. Please provide the University travel agency with your travel email address to ensure you receive alerts. If you are booking travel outside the University travel agency, manually add your trip in [ISOS My Trips](#) to receive travel alerts. **Coverages do not include trip and travel interruptions, quarantine requirements, cancellations, or delays.**

CU Membership Number: 11BCAS000006

Call International SOS **+1-215-942-8478** or download the ISOS Assistance app. The assistance center is available 24 hours a day, 7 days a week, before and during your trip.

Download the App now on your app store.



Scan this QR Code to automatically open the Assistance App's download page in your phone's browser.



Search for "International SOS Assistance App" via iOS App Store, Google Play, or App World

Higher Risk Countries

CU may consider certain countries to be at a higher travel risk at times. This list is managed through the CU travel process and may require additional approvals at the time of booking. Contact your campus international travel office listed on the [International Travel Contacts](#) tab, or the CU Procurement Service Center, for information on travel to higher-risk countries.

Country-Specific Travel Information

Contact ISOS using the membership information above.

Travel Warnings: For additional guidance, check the following sites and contact your campus international travel office if you plan to travel to destinations with a [U.S. Department of State Travel Warning](#) or countries with a [Centers for Disease Control and Prevention](#) health travel warning.

Pre-departure Travel Health Clinics: International travel may pose health risks. We recommend that you consult ISOS, a professional travel health clinic, or a healthcare provider familiar with travel before your departure. Clinic staff can provide detailed information on health conditions, advise you about pre-existing conditions that may require management while abroad, and give access to prophylactic medications and vaccines. Traveling to any foreign country with prescription medications may require documentation.

Entry and Exit Requirements: Consult ISOS, the destination country embassy, or the [U.S. Department of State](#) for information. Make sure you know the entry and exit requirements for each destination country. Most countries require that your passport remain valid for at least six more months after your travel and want a certain number of blank pages left in your passport.

To obtain an entry visa, consider using a third party to manage your travel documents. The University of Colorado partners with [CIBTvisas](#) for visa and passport processing, providing services at a discounted CU rate. If you need a “Verification of Coverage Letter” for your visa application, contact [BlueCross BlueShield Global Solutions](#) Customer Service team at **1.888.412.6403 (U.S.), +1.610.254.5830 (collect outside the U.S.)**, or email at customerservice@bcbsglobalsolutions.com. **Reference Group ID: QHG99999UCBT**

Register your travel with the U.S. State Department: University travelers who are U.S. citizens must register their international travel through the [U.S. State Department STEP](#) program. This information enables the State Department to assist you in an emergency.

University travelers who are not U.S. citizens are encouraged to register with the equivalent department for their home country.

Compliance and Legal Issues

University travelers should be aware of crucial regulatory compliance requirements involving the following. Please contact your campus offices for Regulatory Compliance, COMIRB, Institutional Animal Care and Use Committee, and Technology Transfer Office for advice on these issues.

- Export Controls (data, substances, software, technology)
- Sanctioned Nations or Sanctioned Individuals (regulations on communications and information sharing)
- Compliance issues on Animal Research and Human Subjects Research
- Research collaboration abroad involving confidentiality agreements, liability, or forward-looking collaborative agreements.

US Department of Transportation (DOT)

DOT has issued a guidance letter requiring airlines and travel agents to disclose to consumers which countries require airlines to use insecticides. Please view this [link](#) for additional details.

Travel information provided should not be considered legal or medical advice. We disclaim all liability for any loss resulting from reliance on this information.