A Strengths Lens on Becoming a Trust Advisor

Your Strength	Credibility	Reliability	Intimacy	Self-Orientation
Achiever	Others can count on me and my	When I make a commitment to	I make connections by	I focus on self-achievement
	belief in hard work and diligent	the team or and individual on the	working alongside the team	and accomplishments instead
	effort.	team, I deliver on what I say I will	to develop bonds, trust, and	of how the team can work
		do.	respect.	together to accomplish goals.
Activator	I demonstrate integrity by	I am there for others to remove	Rapid actions on behalf of	I focus on promoting my own
	showing my actions reflect my	bottlenecks and consistently there	another person shows that I	agenda.
	words.	to provide support.	care. This helps create a bond	
			more rapidly than idle words.	
Adaptability	I show others I am there for them	I can respond to the task at hand	I help others trust in their	I continually adapt and
	without a personal agenda, which	and my awareness of the immediate situation and	ability and help them believe	change team situations
	leads to trust in showing I am there to participate with them,	attentiveness to others helps me	in what they can do leading to self-confidence in their	without considering others – only my agenda.
	not manipulate the situation or	to care for others in the moment.	abilities.	Only my agenua.
	person.	to care for others in the moment.	abilities.	
Analytical	Others trust I have done my	I support others by acting as the	When others are	I use data to tell the story I
7 many areas	homework and feel comfortable	"truth finder" of information that	overwhelmed by data and	want to lead people in the
	following my recommendations	can cause conflict or confuse	decisions, I can help by	direction of regardless of
	without additional follow-up.	others.	sorting out what's real and	other input.
	· ·		what can improve their odds	·
			in a difficult situation.	
Arranger	I am open and transparent about	When others feel overwhelmed	I foster mutual respect by	I figure out how all the pieces
	my thought process that helps	with confusion and dissonance, I	being honest and transparent	and recourses can be
	others understand and following	can help show how all the pieces	with others.	arranged for maximum
	my reasoning.	can be arranged to fit together		productivity without getting
		and reduce the chaos.		others involved.
Belief	I ensure fairness and unity by	I demonstrate by Belief talent in	I act as a servant leader.	I expect others to adhere to
	clearly communicating to others	actions that speak far louder than		the ethical foundation I
	the behaviors expected of	words. Individuals can rely on me		demand of myself.
	everyone, including myself.	to be clear on my expectations.		
Command	You can be counted on to say	I provide and honest assessment	Your directness builds trust	My values and actions are
	what you think. The team can be	when asked to weigh in on	and strong relationships.	not consistent – team

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	confident that you won't change	decisions and help individuals to		members see my emotions
	your mind once you leave the	see the "why" behind the		as to not be authentic and
	room.	decision.		overly direct.
Communication	I am consistent with my words and actions. This conveys integrity	I can help others see the "big" picture and what is needed in	I help individuals put their emotions into words to help	I use my strong
	and shape trust with others.	both the short- and long-term.	them pinpoint key issues	communication strength to "spin" information to fit my
	and shape trust with others.	both the short and long term.	they are trying to	own needs.
			communicate.	
Competition	I can help the team/department	Help others see the potential in	I can bring out the "fun" site	Regardless of the task or
	to assess achievements and	themselves that they may not	of competitiveness to help	situation, I want to win at all
	identify "best in class" practices to	have and help them to build on	create emotional bonds	costs.
	move the team to high performance.	their strengths.	within the team.	
Connectedness	Build respect with individuals	I can help bring calm in times of	I seek mutual bond by	My values and philosophy of
	through matching action to values	chaos. I can help others put	discovering areas of	life serves my own self-
	and respecting/embracing the	current difficulties into	commonality and building a	interests.
	differences of others.	perspective to move forward.	strong relationship from	
			there.	
Consistency	I demonstrate my respect for	I express my expectations to other	I set clear rules and adhere to	My actions are superficial
	rules, guidelines and principles	so they can count on consistency	them. I make sure I am	and are not seen as authentic as I am not consistent with
	that sets the tone for equality and encourages peaceful compliance.	in the application of these things.	always there for them, which builds strong relationships.	my actions.
Context	I demonstrate the importance of	I can consistently boil down	I am willing to be vulnerable	I am fully focused on the past
Context	understanding past to put	complex ideas or proposals to	and share stories to build	and unable to move forward
	upcoming things into context.	their most basic elements that	trust and strong	by looking at new ways to do
		helps others understand the	relationships.	things.
		original purpose and reasoning		
		behind them.		
Deliberative	I build trust and respect by doing	I take time to thing before making	I provide genuine praise and	I am overly cautious about
	things right and doing the right	decisions.	recognition to individuals.	decisions, which could hinder
	things.			timelines.
Developer	I take a growth-nurturing	I help provide others with a safe	I genuinely want to be there	I try to force my views on
	approach when helping individuals realize their potential. I am seen	environment where individuals can both make mistakes and	to help others grow and develop in their current and	others even if they are not ready to lean in and trust my
	as an inspirational mentor.	thrive.	future responsibilities.	motives.
	as an inspirational inclitor.	CITIVE.	ratare responsibilities.	111001403.

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Discipline	I consistently deliver on	I share timelines with others to	In holding myself to set	I expect others to possess the
	expectations set by others. I help	show the consistent progress	standards and following	same level of discipline and
	the team to execute what is	being made. Others will come to	through with actions, I	structure when doing their
	expected to build trust amongst	respect and trust the team with	demonstrate integrity and	work.
	the team and others.	projects because of the consistent	others trust I will get things	
		actions and results provided.	done.	
Empathy	When discussing sensitive	I consistently bring patience and	Because trust is paramount,	My intuit abilities can lead
	information with individuals, they	understanding to a situation and	others feel comfortable	me to wanting to "take care"
	value my input as they know I will	do not jump to judgement.	approaching me to share	of others when they do not
	allow them the freedom to		thoughts, feelings, concerns,	want or need that – they may
	express what they need.		and needs.	just want someone to listen.
Focus	I know what's important and	Others trust my judgement as I	I can build a secure	I forget that someone else's
	where to focus attention. I work	can help bring focus to the items	environment for others when	focus is not the same as
	with the group to appropriately	that should be addressed and	planning long-term goals.	mine. I need to remember
	delegate essential work that helps	worth the team's time versus non-		that others are responsible
	build high performance.	essential items.		for their own decisions.
Futuristic	My realistic attitude helps build	My natural ability to look ahead	I can make strong	I focus on pushing my ideas
	trust and confidence in the	allows me to help the team to see	connections with other by	of vision and what the future
	visionary ideas presented for the	trends (good and bad) on the	listening to their dreams,	state could look like and not
	team and organization.	horizon that can help to guide the	ideals, etc.	fully consider ideas from
		team/department/organization.		others.
Harmony	Others can trust me to reduce	I help ensure that all voices are	By seeking common ground	Because I do not enjoy
	conflict and friction for the greater	heard and have a say to make sure	between individuals and	conflict and want to focus on
	purpose of the	the environment is one of trust	teams, I build harmony and	areas of agreement, I may try
	team/department/organization.	and respect – even to individuals	trust that enhances one-on-	to overlook the conflict and
		who are quieter.	one and group relationships	push for fast agreements.
Ideation	I demonstrate how new ways of	I show how my ideas can improve	I help personalize my ideas	I am fully focused on m ideas
	thinking and working can improve	our performance reliably.	by first understanding what	and blind to what others
	us as a team and make work		ideas others have.	might think about my ideas.
11.1	easier.	Lead to be dead to the control of the		
Includer	I show awareness of those who	I work to include all members for	Others can rely on me to find	My wanting to include all can
	feel left out and try to include	their individual contributions.	common ground and	appear to be I want to be
	them and help to give them a		recognize contributions each	friends with everyone and be
	voice.		person makes to the whole.	seen as self-serving.

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Individualization	I can see the unique qualities of individuals and how that can be used to increase performance, set up teams, etc.	My insights of others help to build relationships bot inside and outside of the department.	People trust my instincts when it comes to understanding people and groups and how to build relationships with others.	Sometimes I am seen as having favorites based on who I stand behind and support, which leads to distrust.
Input	I make sure that the information I provide is both current and accurate. In addition, I help others distinguish between facts and fiction so information provided can be defended.	I take responsibility to do thorough research and provide others with information they need to succeed.	Others can depend on me for help and know that I will use my resourcefulness to aid them in their projects.	I gather information for my own use and do not share that with the broader group.
Intellection	I am respectful and give my honest opinion to others to help them avoid pitfalls and mistakes.	Others depend on me to forthright and help them succeed.	I build relationships with others by engaging them in intellectual discussions to understand their point of view.	If others do not see things the same as I do, I scrutinize their ideas and efforts.
Learner	I am willing to rely on others that are more knowledgeable than me in areas and am willing to admit that I am still learning.	I co-learn with the team, and they can trust that I will learn what needs to be done to help the team be successful	I show my respect and appreciation of those who know more than me and are considered "experts" in their area of expertise.	I focus learning on what is important to me and will help me become more "advanced" rather than colearning and sharing information.
Maximizer	Others can trust me because I am always striving for excellence—no shortcuts or half measures!	I always find ways of measuring my performance of my team and staying accountable to high standards.	I study what makes others successful by getting to know them and replicating their strategies and approaches to my work.	No solution is every "good enough" for me, so I keep cycling through options and never really settle on one.
Positivity	The praise I provide others is genuine and never empty or false.	I find ways to create a positive environment for the team and insulate them from the negativity that can be contagious.	I provide genuine praise for accomplishments that are timely and specific.	I use this strength to mask negativity or things that need to be addressed by using false humor and disingenuous praise.
Relator	Amongst the chaos and changing environment, others can rely on importance I place on building	I make it a point to schedule enough 1:1 time with individual team members to ensure they are	I build close and strong relationships with individuals	I avoid expanding my relationships with others and rely on "close" and

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	relationships and setting the path	being heard and I can assist in	through personal connection	"comfortable" relationships,
	to success.	removing any obstacles that may	and time.	which is seen as having
		come their way.		"favorites".
Responsibility	When I believe the team or	I take psychological ownership of	I understand the importance	My sense of responsibility
	individual is involved in something	my commitments to the team,	to recognize individuals for	leads to micromanaging
	that is not right, I make sure to	department, and organization and	their moral strength and	individuals and situations.
	gather information from all parties	hold	integrity.	
	to ensure the right course of			
	action is taken to resolve the			
-	issue.			
Restorative	I help individuals and teams feel	I work with the team to identify	I am committed to helping	I see the flaws and
	safe by my ability to help put a	problems and figure out the best	others solve problems and	shortcomings versus looking
	plan together to turn around	course of action for resolving what	address concerns.	to show appreciation for current levels of
	issues and problems.	is wrong.		performance.
Self-Assurance	I show confidence in the decisions	I have the confidence that the	I make individuals aware of	I am overly independent and
Sen-Assurance	being made that help the team	decisions I make will help the	my decision-making process,	self-assured, which isolates
	move forward.	team move forward.	so they have confidence in	others from the process.
	move forward.	team move forward.	what I am doing and see me	others from the process.
			as trustworthy.	
Significance	I take the time to think about	I can lead the charge in taking on	I am candid about my	I am independent and seek
	what needs to be achieved and	"big risks" for the team. In	motives to gain the trust and	recognition over including
	what it means to the present as	addition, I have the confidence to	respect of others.	others.
	well as the future of the team and	find the solution needed to get		
	department.	there.		
Strategic	I have a sound process for	I enlist the help of good "thought"	I get others involved when	I look at things so high-level, I
	approaching projects, decisions,	partners when making decisions.	making decisions to uncover	lose site of what the
	etc. that are required of the team		options and working towards	immediate needs of the team
	so that we look at all angles to		a shared solution.	are.
	take the best path forward.			
woo	My ability to meet and greet a	I have a wide base of support that	I can build networks of trust,	My actions can appear to be
	variety of individuals helps me	can help move initiatives forward	support, and communication	superficial and only wanting
	produce valuable information that	for the team and department.	by contacting and relating	to get to know someone for
	can be shared with the team.		with a wide range of people.	what they can do for me.