### October

- **SPECIAL TOPIC:** Social Security basics  **10/16, 12-1 p.m.**
- **Paying Yourself:** Income options in retirement  **10/16, 3-4 p.m.**
- **Money at Work 2:** Sharpening investment skills  **10/17, 12-1 p.m. or 10/24, 1-2 p.m.**
- **Inside Money:** Managing income and debt  **10/17, 3-4 p.m.**
- **SPECIAL TOPIC:** Quarterly economic and market update  **10/18, 12-1 p.m.**
- **SPECIAL TOPIC:** All about IRAs  **10/18, 3-4 p.m.**
- **SPECIAL TOPIC:** Tax Reform  **10/23, 12-1 p.m.**
- **Postcards From the Future:** A woman’s guide to financially ever after  **10/23, 3-4 p.m.**
- **SPECIAL TOPIC:** Online tools  **10/25, 12-1 p.m.**
- **Attention to Detail:** Financial finishing touches for women  **10/25, 3-4 p.m.**

### November

- **SPECIAL TOPIC:** Market-proof your retirement  **11/1, 12-1 p.m.**
- **SPECIAL TOPIC:** The 411 on 529 college savings plans  **11/6, 12-1 p.m.**
- **SPECIAL TOPIC:** Estate planning: Taxing matters  **11/13, 12-1 p.m.**
- **Start to Finish:** The early career woman’s guide to financial wisdom  **11/13, 3-4 p.m.**
- **SPECIAL TOPIC:** Demystifying life insurance  **11/14, 12-1 p.m.**
- **Halfway There:** A retirement checkpoint  **11/14, 3-4 p.m.**
- **SPECIAL TOPIC:** A view from DC—What the midterm results mean for 2019  **11/15, 12-1 p.m.**
- **Tomorrow in Focus:** Saving for your ideal retirement  **11/15, 3-4 p.m.**

---

**Spend, Save, Plan, Invest, Live**

**Miss a seminar?**

You can register for upcoming titles at TIAA.org/webinars.

All live webinar times are (ET).

- Spending
- Saving
- Planning
- Investing
- Living

---

You can attend live webinars to help boost your financial know-how
You can attend live webinars to help boost your financial know-how

December

- **SPECIAL TOPIC**: Making gifts to loved ones and charities  **12/4, 12-1 p.m.**
- **Gaining Insight**: Navigating debt consolidation and understanding the mortgage process  **12/4, 3-4 p.m.**
- **Healthy Numbers**: Integrating healthcare into your retirement plan  **12/5, 12-1 p.m.**
- **Money at Work 1**: Foundations of investing  **12/5, 3-4 p.m.**
- **Within Reach**: Transitioning from career to retirement  **12/6, 12-1 p.m.**
- **Charting Your Course**: A financial guide for women  **12/6, 3-4 p.m.**