Dear Friends and Alumni:

Imagine a sports medicine and performance center where a weekday lap swimmer benefits from the same expert advice on technique as an Olympic swimmer. Or where a 10-year-old soccer player gets the same high level of care for an injury as that provided to an elite NCAA Division I athlete.

There’s no need to imagine it. The CU Sports Medicine and Performance Center provides world-class medical care and sports science to athletes and active people of all levels and ages. Housed in a state-of-the-art facility in the Champions Center, part of the recently completed upgrade to CU’s athletics facilities at Folsom Field, the center is open to the public and draws clients locally, from across the country and around the world.

It’s a cooperative effort among the CU School of Medicine, University Physicians Inc., CU Boulder and Boulder Community Health. The center is a shining example of what happens when entities across CU campuses and in the community collaborate to combine several activities integral to our mission – preparing students, providing
hands-on educational opportunities, advancing knowledge through research and serving the community.

Nearly 2 years old, the center is the brainchild of Dr. Eric McCarty (head team physician for CU Buffaloes athletics) and Dr. Andy Pruitt of Boulder Community Health (a former CU faculty member with extensive experience in sports medicine, particularly with Olympic athletes). They aimed to combine the best clinical care with sports performance science for active people ranging from weekend warriors to elite athletes.

The sports medicine strand treats everything from concussions to knee injuries, from spinal issues to hand and wrist problems. It has special focuses on pediatric injuries and sports medicine for women. The center also provides a full range of physical therapy and the latest in imaging technology.

The performance strand offers physiological testing, advice on running and cycling biomechanics, sports nutrition and more. It is led by Dr. Iñigo San Millán, whose expertise in sports performance has been sought by athletes and teams around the globe. The center hosts a lecture series on topics including sports nutrition and injury prevention. It also offers classes on everything from Pilates to winter sports conditioning.

The success the center has experienced in its first year provides a window into its vast potential. Research opportunities abound for CU faculty and students. Our NCAA student-athletes benefit from top-flight expertise and care. Internships for CU students in the center’s various programs augment their classroom experiences. Athletes in CU’s wide range of club sports take advantage of the center, as do students from the Boulder Valley School District.

The center exemplifies a culture of collaboration and cooperation across the university and with our myriad external communities. We’re a better university when
we pool our substantial expertise and resources and work together. All manner of
good things happen when we gather experts under one roof and imagine what’s
possible. Just look at the example of the CU Sports Medicine and Performance
Center.

For feedback, contact officeofthepresident@cu.edu

Sincerely,

Bruce Benson
President

**IN THE NEWS**

For the second consecutive year, Colorado reigned supreme at the Pac-12 Men’s and Women’s
Cross Country Championships, sweeping the team titles. The championship was the sixth
straight title for the men’s team and the third overall title for the women’s team. Since joining the
Pac-12, CU has won nine of 12 league cross country titles.

**Buffs celebrate another Colorado Cross Country sweep**
CU professor chosen for U.S. Department of State post

We are proud that CU Boulder economics professor Keith Maskus has been named chief economist for the U.S. Department of State. Maskus, a professor of distinction who also was the director of CU Boulder's Program on International Development, began a two-year appointment — based in Washington, D.C. — in October.

M.S. research at CU Anschutz taking an important look at modifying therapy

John Corboy, professor of neurology at the CU School of Medicine and co-director of the Rocky Mountain MS Center at CU Anschutz, was awarded $6.7 million from the Patient-Centered Outcomes Research Institute in 2015 to determine the length of time someone living with multiple sclerosis should be on a disease modifying therapy. Now, the National M.S. Society is supporting this study with a $326,000 grant to expedite research.

Congratulations to our alumni survey iPad winners

Congratulations to alumnae Laura Schwab (UCCS, 1963, nursing) and Jennifer Dean (CU Boulder, 1998, arts and sciences), whose names were drawn to win iPads upon completing the CU alumni survey last summer. Schwab and Dean are great examples of our

Police shooting of man wielding a machete investigated

A few of you have contacted me concerning the machete-wielding man who was shot and killed at CU Boulder the same day my October newsletter arrived in your inboxes. We are grateful that our students and employees were unharmed. Student safety is our top priority.
successful alumni and the value of a CU degree.

The investigation of this deeply disturbing and unfortunate event is ongoing. Below are links to communications from the campus in the wake of the incident, and we intend to use lessons learned to improve our communications.

Day of incident update | Thank you to community

ALL FOUR: COLORADO

The Roaring Fork and Summit County pre-collegiate programs provide first-generation middle and high school students in their communities with mentoring, academic skills and other tools to help them graduate from high school, enroll in college and graduate from college.

College is more than a dream for these western Colorado students

ALL FOUR: VIDEO

Creating community - both on and off campus - at CU

Ensuring bright futures at CU

ALL FOUR: Prevention
A public university should enhance the community it calls home. Students at the University of Colorado Denver School of Architecture and Planning are doing one better, designing and building homes for people with disabilities and their service animals.

University of Colorado Anschutz Medical Campus researchers are pioneering ways to treat and prevent concussions, ensuring bright futures for young athletes.

### SPOTLIGHT ON ALUMNI

Every day, Mohammed Al Mawsily takes enormous risks in what is one of the most dangerous places on earth. The CU Denver graduate is on the front lines of the battle for Mosul, his home city, which fell to the Islamic State (ISIS) over two years ago and is now being re-taken by the Iraqi military.

**CU Denver alumnus launches ISIS-defying station**

**BECOME A CU ADVOCATE**

Colorado needs healthy research universities that produce a highly educated workforce, grow our economy, attract business and industry, and engage in research that generates jobs, creates companies and improves lives. With your help we can keep CU - and Colorado - strong.

Become an advocate for CU
Champion of equity in education awarded 2016 Hazel Barnes Prize: Professor Michele Moses earns the university’s most distinguished faculty award.

Commercial touts UCCS to prospective students: An ad promoting enrollment at UCCS will be broadcast more than 3,000 times on commercial broadcast and cable television networks throughout Colorado.

Students explore Italian cave for answers: Neanderthals and modern humans occupied

Well-traveled student says CU at top of dental schools: “I interviewed at some of the
the same space, but many questions remain. "Top dental schools in the country and would say the resources we have here are bar-none the best."

Make a difference. Support CU today!

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