



MONTHLY RATES FOR JULY 2026 - DECEMBER 2026

Medicare-Eligible Retirees (Rates based on a 100% CU Contribution)

Medical Plans	CU Health Plan — Medicare		
	TOTAL RATE	CU CONTRIBUTION	YOUR COST
Over age 65			
Retiree only	\$451.76	\$410.45	\$41.31
Retiree + Spouse	\$925.36	\$718.06	\$207.30
Retiree + Child(ren)	\$898.17	\$718.06	\$180.11
Family	\$1,376.44	\$1,033.79	\$342.65

Alternate Medicare Payment	
AMP provides a monthly check in the amount listed below	
Over age 65	TOTAL RATE
Retiree only	\$153.73
Retiree + Spouse	\$262.13

Medical Plans	CU Health Plan — Medicare/High Deductible			
	Over/Under age 65	TOTAL RATE	CU CONTRIBUTION	YOUR COST
1 Medicare-Eligible + Spouse Under 65		\$1,333.26	\$718.06	\$615.20
1 Medicare-Eligible + Child(ren) Under 65		\$1,275.76	\$718.06	\$557.70
1 Medicare-Eligible + Spouse and Child(ren) Under 65		\$2,240.26	\$1,033.79	\$1,206.47
2 Medicare-Eligible Spouses + Child(ren) Under 65		\$1,832.36	\$1,033.79	\$798.57

Dental Plan	CU Health Plan — Premier Dental		
	TOTAL RATE	CU CONTRIBUTION	YOUR COST
Retiree only	\$48.50	\$0.00	\$48.50
Retiree + Spouse	\$86.50	\$0.00	\$86.50
Retiree + Child(ren)	\$94.50	\$0.00	\$94.50
Family	\$131.00	\$0.00	\$131.00





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OPTIONAL TERM LIFE	
Age	Rate per \$1,000 of Coverage
49 and under	\$0.15
50-54	\$0.23
55-59	\$0.43
60-64	\$0.66
65-69	\$1.27
70-74	\$2.06
75+	\$2.06

