After Paradise was decimated by wildfires, the anguish endures

ABC News

(April 8, 2019) – “It’s the magnitude of a disaster that oftentimes can help us to predict how severe the mental health distress is going to be among affected populations,” said sociology professor Lori Peek, director of the Natural Hazards Center at CU Boulder. And in Paradise, the magnitude of the disaster was staggering, she said.
How old are Saturn’s rings? The debate rages on

Scientific American

(April 18, 2019) – Are Saturn’s bangles a primordial feature of the solar system, having emerged roughly 4.5 billion years ago when chaos and collisions sculpted much of what we see today? Or did they arise much more recently?

“That old idea that the rings are ancient and have been steadily bombarded by polluting material that’s the same as we see today? That idea won’t work,” says Larry Esposito, a researcher at CU Boulder. “But what possible mechanism could form rings recently? No existing theory is satisfactory.”

Boulder project partners with Pueblo entities to preserve Latino history

Pueblo Chieftain

(April 26, 2019) -- “We are trying to do several things. The first is to help emphasize how important it is to include Latino history and culture in our understanding of Pueblo’s past,” said Marjorie McIntosh, a distinguished professor emerita at CU Boulder. McIntosh held a two-day workshop called Keeping Pueblo’s Latino History Alive.
CU study pushes back on stoner stereotype

Daily Camera

(April 29, 2019) -- A new study questions the notion that people who use cannabis are lazy, signaling that 80% of weed smokers mix the drug with their workouts. The same study goes as far as suggesting the mixture may be beneficial for some.

“There is a stereotype that cannabis use leads people to be lazy and couch-locked and not physically active, but these data suggest that this is not the case,” said Angela Bryan, the study’s senior author and a professor in the Department of Psychology and Neuroscience and the Institute for Cognitive Science.

Study: Genetic test predicts middle-aged obesity risk

Associated Press

(April 18, 2019) -- Jason Boardman, director of the Health Sciences program at CU Boulder, said genetic variants might affect body size indirectly through an impact on lifestyles or other social and behavioral traits. Other research suggests the effect of genes on size depends on what kind of social and physical environment a person lives in, including such factors as access to unhealthy foods, he said.
Why are so many teen athletes struggling with depression?

The Atlantic

(April 17, 2019) -- Aware of how much their parents have sacrificed in time and money, some teenagers will persist in playing a sport long past the time they enjoy it, even continuing to practice and compete while injured, says Jay Coakley, a sports sociologist at UCCS. If players do finally quit, they sometimes feel like failures for letting their parents and teammates down, which can contribute to self-destructive behavior.

What does it take to get a teacher interested in rural schools? A field trip

Colorado Public Radio

(April 10, 2019) -- “Our goal is a little bit of trying to understand this generation and what would motivate them to want to be a rural teacher,” said Mike Taber, associate professor at Colorado College and cofounder of the rural emersion program with Robert Mitchell, assistant professor of research, leadership and foundation at UCCS. Taber and Mitchell hope to answer the question: “How do we make that connection happen?”
Forecast: Colorado Springs economy to coast through 2019 toward mild recession

The Gazette

(April 23, 2019) -- Tatiana Bailey, director of the UCCS Economic Forum, and Mary Kelly, an economist and leadership development consultant, both agreed a mild recession is probable next year as a result of trade tensions and political uncertainties as the 2020 presidential election approaches.

Also: Governor Jared Polis rolls out new health care plan for Colorado, KOAA, April 4

Less than two weeks left in legislative session

KOAA

(April 22, 2019) -- “If you’re a Democrat, overall you’re pretty happy with how the legislative session has gone,” said Joshua Dunn, professor of political science at UCCS. “Now obviously if you’re a Republican you aren’t terribly happy with it but they’ve accomplished a lot of their legislative priorities,” Dunn said.
Risky renovation: Notre Dame Cathedral

KDVR

(April 16, 2019) -- “[Construction workers] might not know of anything that they’re coming across,” said Caroline Clevenger, CU Denver associate professor of construction engineering. Clevenger said renovation work is riskier than new construction.

“When you’re actually constructing in a renovation—there are so many unknowns—especially in a historic structure,” she said.

Also: A photo of ‘Muslims laughing’ in front of Notre Dame is doctored, PolitiFact, April 16

How to cope as a layoff survivor

Yahoo Finance (U.S. News and World Report)

(April 25, 2019) -- Problems arise when a restructuring seems to workers like a breach of the unspoken psychological contract they have with their employers, explains Wayne Cascio, distinguished university professor at CU Denver.

“When you have a downsizing, if the procedures are not seen as fair, it leads to feelings of injustice and betrayal,” he says.
Cherry Creek High School community meets to discuss preventing student suicides

Fox 31

(April 16, 2019) -- Franci Crepeau-Hobson, associate professor in the CU Denver School of Psychology, spoke about student suicide. She also offered ideas on how to prevent more deaths.

“We all have a role to play in suicide prevention, and if we work together and are on top of things, we can prevent suicide. But we have to first acknowledge this is a big problem,” Crepeau-Hobson said.

With insulin price cap, drug industry is once again shamed into doing the right thing

Los Angeles Times

(April 4, 2019) -- “The idea of a shame-based economy isn’t too far off,” said Andrew Friedson, a health care economist at CU Denver. “Consumers have little power to engage in direct bargaining to get a better deal.” That means that the only way drug prices will be reduced is through a price war with a competitor (unlikely), or by attracting the attention of lawmakers and regulators through public outrage and corporate shaming, he said.
**Beyond test scores: Colorado experiments create alternatives for rating schools**

Chalkbeat

(April 27, 2019) -- “It’s part of our culture as a state to innovate locally and then let the state as a whole benefit from that,” said Julie Oxenford O’Brien, director of the Center for Transforming Learning and Teaching at CU Denver. “It’s happening now, but what we haven’t had is a way for others to learn from what they’re doing.”

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**Parents learn how to talk about mental health with kids at Stapleton event**

9News

(April 18, 2019) -- “A lot of the questions we get are, ‘How do I talk to my kids?’” said Scott Cypers, the director of anxiety programs at the Depression Center. “You teach kids math, you teach kids English, what do you do with mental health? You’ve got to teach mental health.”
Measles outbreaks: As cases rise, parents ask, ‘Is your child vaccinated?’

Today

(April 18, 2019) -- How parents address the vaccine question with other families during an outbreak depends on many different factors, including the age of their child and the severity of the outbreak, said Sean O’Leary, a spokesman for the American Academy of Pediatrics and an associate professor of pediatrics at the CU Anschutz Medical Campus.

Also: Myths and facts about the measles outbreak, 9News, April 16

Scientists added human brain genes to monkeys. Yes, it’s as scary as it sounds.

Vox

(April 12, 2019) -- If you make primates smarter and more human-like, you’re not doing them any favors — not least if you’re going to then keep them locked up in a lab. In the words of CU bioethicist Jacqueline Glover, “To humanize them is to cause harm. Where would they live and what would they do? Do not create a being that can’t have a meaningful life in any context.”
**It’s not pot: What senior living providers should know about CBD**

Senior Housing News

(April 8, 2019) -- There is little known about how CBD affects users, including seniors, according to Cari Levy, a professor of medicine at the CU Anschutz Medical Campus.

“We have so little data about CBD in older adults that it is really difficult to know what place CBD has,” Levy said. “What we really need are pragmatic trials studying rigorously its potential.”

**Drug sites upend doctor-patient relations**

The New York Times

(April 2, 2019) -- Federal drug marketing rules apply to drug manufacturers, drug distributors, packers and their representatives. Whether the consumer drug sites fall into any of those categories is an unsettled question. And there is no single federal or state agency in charge of overseeing online prescription drug services.

“Where are the regulatory agencies in this?” asked C. Neill Epperson, M.D., a women’s behavioral health expert at the CU School of Medicine. “How can this just be O.K.?”