Does Parents’ Nagging Kids About Screen Time Even Matter?

U.S. News & World Report

(Nov. 23, 2020) -- The amount of time young people spend on technology – and parental limits on that time – had no lasting effect on technology use by young adults, according to a new study.

“We think that parenting does matter, but not for how much you’re using technology,” said lead author Stefanie Mollborn, a professor of sociology at the Institute of Behavioral Science at CU Boulder.
Martian Dust Storms Parch the Planet by Driving Water into Space

Science

(Nov. 12, 2020) -- Earlier hints that dust storms might somehow be lofting water came in 2014 by the Hubble Space Telescope and the Mars Express orbiter. The teams noticed a fluorescent fog of hydrogen in the upper atmosphere, which faded as the southern hemisphere’s summer ended and the storm subsided. The only plausible source for that hydrogen was water.

“That was the first hint of something weird going on,” says Michael Chaffin, a planetary scientist at CU Boulder, who led the Mars Express work.

Gyms and Yoga Studios Face New Coronavirus Restrictions despite a Lack of Outbreaks Tied to Them

Colorado Public Radio

(Nov. 24, 2020) -- Jose-Luis Jimenez, a chemistry and environmental sciences professor at CU Boulder who studies how COVID-19 travels through the air, said he believes the tighter restrictions on Colorado gyms right now are justified and that he might go even further — temporarily.

“It’d be better to do a more aggressive closure [to] try to lower the virus to much lower levels and then try to reopen more smartly,” Jimenez said.
**The Coronavirus is Airborne Indoors. Why are We Still Scrubbing Surfaces?**

The New York Times

(Nov. 18, 2020) – Spraying down tables and equipment might be visually comforting. However, Shelly Miller, an expert on aerosols at CU Boulder, said that viruses are emitted through activities that spray respiratory droplets — talking, breathing, yelling, coughing, singing and sneezing. And disinfecting sprays are often made from toxic chemicals that can significantly affect indoor air quality and human health.

**Connecting to Nature is Good for Kids – but They May Need Help Coping with a Planet in Peril**

The Conversation

(Nov. 16, 2020) -- Children and adolescents benefit from living near nature and having adults in their lives who encourage free play and outdoor discovery. When they feel connected to nature, they are more likely to report good health and a sense of well-being, more likely to get high scores for creative thinking, and more inclined to show cooperative, helping behaviors, writes Louise Chawla, professor emerita of environmental design at CU Boulder.
**Colorado Springs Incomes Last Year Grew Fastest Since 2014**

The Gazette

(Nov. 18, 2020) -- “Thank goodness this is happening. We haven’t been at the state or national average for a long time and haven’t made huge strides in recent years,” said Tatiana Bailey, director of the UCCS Economic Forum. “That growth resulted from industries with the fastest growth where positions are chronically left open because they are so difficult to fill.”

**Springs-based Institute for Social Impact Expands Its Influence**

Colorado Springs Indy

(Nov. 18, 2020) -- The UCCS School of Public Affairs offers a graduate-level social-enterprise course, Dean George Reed said.

“We involve partners in the community, and the students develop a social business plan and engage in an array of traditional nonprofits and social enterprises,” Reed says. “We’ve worked with great organizations like Blue Star Recyclers, Men’s Xchange and the Independence Center.”
UCCS Collaborating for a Better Community

The Gazette

(Nov. 7, 2020) -- Despite the challenges presented by these extraordinary times, the fall semester at UCCS is proceeding apace. That is good news for UCCS and the Colorado Springs community, said UCCS Chancellor Venkat Reddy.

Public Art Installation Features 2,000 Windmills

The Gazette

(Nov. 23, 2020) -- Where once there was only cacti, brush and dusty trails behind Ent Center for the Arts at UCCS, there now stands a forest of 2,000 8-foot-tall windmills. Patrick Marold’s “The Windmill Project” is best viewed under darker, breezier skies.

Colorado Springs Couple Turns Front Yard into Public Art Space

The Gazette

(Nov. 6, 2020) -- Those who stroll down North Logan Avenue never know what awaits them in the art gallery formerly known as Jessica Langley and Ben Kinsley’s front yard. The couple moved to Colorado Springs three
years ago from New York, after Kinsley got a job as an assistant professor in the visual and performing arts department at UCCS.

Chief Says Number of Denver Officers Creates Challenge amid Rise in Crime, Population

9 News

(Nov. 21, 2020) -- “Denver needs more experienced people on the street right now,” said Paul Taylor, a criminal justice professor at CU Denver. “I think an influx of brand new officers is going to exacerbate the problems that we’ve continued to see.”

Why Women Make Way Less than Men Do in More Religious Places

Live Science

(Nov. 17, 2020) – The gender gap is projected to vanish in 28 years in the most secular states, compared with a stunning 109 years in the most religious.

“If they’re in a religious community, our children are not going to know a world in which they’re paid equitably,”
said Traci Sitzmann, an associate professor of management at CU Denver. “It’s a little bit scary.”

Denver-Metro Public Health Departments Weigh Local Stay-at-Home Orders

Gazette

(Nov. 13, 2020) -- Experts who have studied lockdown orders from the spring say that one clear lesson emerged from the experience: The sooner the order is implemented, the better.

“It’s entirely possible that we’re too late in the game already,” said Andrew Friedson, an economist with CU Denver, who has researched and published his findings on lockdown orders.

Colorado Oil and Gas Drilling Falls to Historic Lows as the Pandemic Crashes Demand

Colorado Public Radio

(Nov. 30, 2020) -- Given the nature of shale oil, production in Colorado might fall even more in the coming months as wells that have already been drilled start to decline in barrels produced.

“The decline curves in these fields are very steep,” said
Michael Orlando, managing director of EconOne, a consultancy, and a lecturer in the global energy management program at CU Denver. “So if you don’t continue to drill and you don’t continue to complete in the field, production drops off pretty rapidly.”

College Students Deal with Loneliness, Isolation during Pandemic

9 News

(Nov. 18, 2020) -- Usually, there are many things happening on a college campus. However, this year, the throngs of students and intermingling of minds are replaced by an emptiness outside and inside, according to Kristin Kushmider.

“I would say it’s my job to make sure that we have the resources available to support our students on their journey to mental well-being,” said Kushmider, assistant vice chancellor for health, wellness, advocacy and support at CU Denver.
How to Travel Safely During the Holiday Season

Conde Nast Traveler

(Oct. 16, 2020) – “Unfortunately, we have seen COVID-19 numbers increase nationwide, so it becomes even more important to assess the risks for your family,” says Andrés Henao, an internal medicine physician, infectious disease specialist, and assistant professor for the CU School of Medicine. “It comes down to: Where do you live, where are you going, and what transportation are you taking? How many members are in your family, and how many people are you going to visit? Are there members of the family who have an increased risk of developing bad outcomes if they contract the infection?”

Hundreds of People from Colorado are Participating in the Moderna COVID-19 Vaccine Trial

Fox 31

(Oct. 16, 2020) -- Thomas Campbell, chief clinical research officer who is overseeing the trial, said this vaccine is similar to the Pfizer vaccine, and has similar early data. “When you do two scientific experiments and get the same answer you have much greater confidence in the results,” Campbell said.
Veteran Suicides in Colorado ‘Significantly Higher’ than National Averages

The Gazette

(Nov. 21, 2020) -- An El Paso County Firearm Safety Workgroup formed last year by Erik Wallace, associate dean for the Colorado Springs branch of the CU School of Medicine, is making progress on public messaging about safely storing guns in homes. Wallace is calling for voluntary safe storage of guns in homes of vulnerable family members as well as locked prescription medications and alcohol, since many people ingested alcohol at the time of taking their lives.

Colorado-based Cancer Research Funded in Part by Events such as Colorado NovemBeard

7 News

(Nov. 17, 2020) -- The American Cancer Society is funding 17 multi-year research grants in Colorado totaling over $10.4 million. Elizabeth Kessler, a medical oncologist at the CU Cancer Center, is the recipient of one of those grants. Kessler is researching a care-planning framework for patients with advanced bladder cancer.
Psoriatic Arthritis Medication: What You Need to Know

SELF

(Nov. 13, 2020) – People suffering from psoriatic arthritis may already have one common treatment in their medicine cabinet: nonsteroidal anti-inflammatory drugs. These mild pain relievers, such as ibuprofen and naproxen sodium (or Aleve), are available without a prescription, and work by blocking inflammation-causing compounds, said Kristi Kuhn, UCHealth Rheumatology Clinic rheumatologist at the CU Anschutz Medical Campus.