

CU at the Top Completion Form

This form should be filled out once a pathway has been completed. Please fill out one form per pathway. Fill out the form in its entirety.

Employee Name: Employee ID: Department: Title:

Which CU at the Top pathway have you completed?

CU at the Top Completion Instructions

Let's reflect on CU at the Top!

Was your experience beneficial? Did you learn new skills? Reflecting on your experiences and taking action based on what you learned throughout this past year is an important part of the professional development process. We hope that you were able to gain the insight necessary to meet your needs. Pick 5 classes/programs/experiences to reflect on making sure to include the following information:

- 1. The name of the class/program/experience
- 2. What you learned from that experience
- 3. How you plan to apply the learning to your work or your life

Class/Program/Experience 1

Class/Program/Experience 2

Class/Program/Experience 3

Class/Program/Experience 4

Class/Program/Experience 5

Employee Signature

Date

Please submit to systemhr@cu.edu.