ces Coverage Period: 07/01/2025 – 06/30/2026 Coverage for: Individual + Family | Plan Type: CDHP

Anthem Blue Cross and Blue Shield CU Health Plan – High Deductible/HSA Compatible



Health Plan

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms

of coverage, <u>https://www.anthem.com/cuhealthplan</u>. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary/</u> or call (800) 735-6072 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	 \$1,650/single or \$3,300/family for <u>In-Network Providers</u>. \$3,300/single or \$6,600/family for <u>Out-of-Network</u> 	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your <u>deductible?</u>	Yes. <u>Preventive care</u> for <u>In-</u> <u>Network Providers</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain preventive services without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered preventive services at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	 \$3,300/single or \$6,600/family for <u>In-Network Providers</u>. \$6,600/single or \$13,200/family for Out-of-Network Providers. 	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , the overall family <u>out-of-pocket limit</u> must be met.
What is not included in the <u>out-of-pocket</u> <u>limit</u> ?	Pre-Authorization Penalties, <u>Premiums</u> , <u>Balance-Billing</u> charges, and Health Care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes, PPO. See www.anthem.com/cuhealthplan or call (800) 735-6072 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's</u> <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common		What You Will Pay		Limitations, Exceptions, & Other
Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	15% <u>coinsurance</u> after deductible	35% <u>coinsurance</u> after deductible	none
	<u>Specialist</u> visit	15% <u>coinsurance</u> after deductible	35% <u>coinsurance</u> after deductible	none
	Preventive care/screening/ immunization	\$0 /visit	35% <u>coinsurance</u> after deductible	There may be other levels of cost share that are contingent on how services are provided. You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
	Diagnostic test (x-ray, blood work)	15% <u>coinsurance</u> after deductible	35% <u>coinsurance</u> after deductible	none
If you have a test	Imaging (CT/PET scans, MRIs)	15% <u>coinsurance</u> after deductible	35% <u>coinsurance</u> after deductible	Failure to obtain pre-authorization may result in reduced or no coverage.
If you need drugs to treat your illness or condition More information about prescription drug coverage under CVS's Standard Control	Tier 1 - Typically Generic	After deductible: 10% <u>coinsurance</u> for up to a 30- day supply at Caremark Retail Network Pharmacies and 5% <u>coinsurance</u> for a 31 to 90-day supply at CVS Retail, Costco, Kroger or CVS mail order	20% <u>coinsurance</u> after deductible for up to a 30- day supply	 Specialty RX: Per fill, a maximum of up to 30 days of Specialty medication may be purchased at a retail pharmacy After 3 fills, CVS Specialty Pharmacy must be used for Specialty medication to be covered. Maintenance medication: Per fill, a maximum of up to 30 days of maintenance medication may be
Formulary with Advanced Control Specialty Formulary is available at <u>https://info.caremar</u> <u>k.com/acsdruglist</u>	Tier 2 - Typically Preferred Brand	After deductible: 20% <u>coinsurance</u> for up to a 30 day supply at Caremark Retail Network Pharmacies and 15% <u>coinsurance</u> for a 31 to 90-day supply at CVS Retail, Costco, Kroger or CVS mail order	20% <u>coinsurance</u> after deductible for up to a 30- day supply	purchased at a retail pharmacy. After 3 fills, CVS Retail Pharmacies, Costco, Kroger, or CVS Mail Order Pharmacy must be used for maintenance medications, for up toa 90-day supply to be covered.

		Generic Preventive Therapy Drugs: Certain medications and supplies may be obtained at in network pharmacies with no applicable copayment (100% covered). Please contact CVS member services for additional information
		CVS Caremark Customer Care: 1-888-964-0121

* For more information about limitations and exceptions, see <u>plan</u> or policy document at https://www.anthem.com/cuhealthplan.

Common		What You Will Pay		Limitations, Exceptions, & Other	
Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Important Information	
	Tier 3 - Typically Non-Preferred Brand	After deductible: 20% <u>coinsurance</u> for up to a 30- day supply at Caremark Retail Network Pharmacies and 15% <u>coinsurance</u> for a 31 to 90-day supply at CVS Retail, Costco, Kroger or CVS mail order	20% <u>coinsurance</u> after deductible for up to a 30- day supply	Diabetic Medication & Supplies: Members diagnosed with diabetes may be eligible to have insulin, generic diabetic medication, pumps & supplies (needles, syringes, lancets, test strips) obtained at in network pharmacies with no applicable copayment (100% covered). Please contact member services for additional information.	
	Tier 4 - Typically <u>Specialty</u> Drugs	After deductible: 20% <u>coinsurance</u> for up to a 30 day supply at Caremark Retail Network Pharmacies and 15% <u>coinsurance</u> at CVS Retail, Costco, Kroger or CVS mail order for up to a 30-day supply	20% <u>coinsurance</u> after deductible for up to a 30- day supply	CVS Caremark Customer Care: 1-888-964-0121 Prescription Drugs will always be dispensed as ordered by your Provider and by applicable State Pharmacy Regulations, however you may have higher out-of-pocket costs. You may request, or your Provider may order, the Brand Name Drug. However, if a Generic Drug is available, you will need to pay the cost difference between the Generic and Brand Name Drug, in addition to your tier	
				Copayment. The cost difference between the Generic and Brand Name Drug does not contribute to the Out- of-Pocket Annual Maximum. By law, Generic and Brand Name Drugs must meet the same standards for safety, strength, and effectiveness. The Plan reserves the right, at its discretion, to remove certain higher cost Generic Drugs from this coverage.	

* For more information about limitations and exceptions, see <u>plan</u> or policy document at https://www.anthem.com/cuhealthplan.

Common		What You Will Pay		Limitations, Exceptions, & Other	
Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Important Information	
If you have	Facility fee (e.g., ambulatory surgery center)	15% <u>coinsurance</u> after deductible	35% <u>coinsurance</u> after deductible	Failure to obtain pre-authorization may result in reduced or no coverage.	
outpatient surgery	Physician/surgeon fees	15% <u>coinsurance</u> after deductible	35% <u>coinsurance</u> after deductible	none	
If you need	Emergency room care	15% <u>coinsurance</u> after deductible	Covered as <u>In-Network</u>	There may be other levels of cost share that are contingent on how services are provided.	
immediate medical attention	Emergency medical transportation	15% <u>coinsurance</u> after deductible	Covered as <u>In-Network</u>	none	
	<u>Urgent care</u>	15% <u>coinsurance</u> after deductible	35% <u>coinsurance</u> afte r deductible	none	
If you have a	Facility fee (e.g., hospital room)	15% <u>coinsurance</u> after deductible	35% <u>coinsurance</u> after deductible	Failure to obtain pre-authorization may result in reduced or no coverage.	
hospital stay	Physician/surgeon fees	15% <u>coinsurance</u> after deductible	35% <u>coinsurance</u> after deductible	none	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Office Visit 15% <u>coinsurance</u> after deductible; Other Outpatient 15% <u>coinsurance</u> after deductible	Office Visit 35% <u>coinsurance</u> after deductible; Other Outpatient 35% <u>coinsurance</u> after deductible	Failure to obtain pre-authorization may result in reduced or no coverage.	
	Inpatient services	15% <u>coinsurance</u> after deductible	35% <u>coinsurance</u> after deductible	Failure to obtain pre-authorization may result in reduced or no coverage.	
	Office visits	15% <u>coinsurance</u> after deductible	35% <u>coinsurance</u> after deductible	Maternity care may include tests and services described elsewhere in the	
If you are pregnant	Childbirth/delivery professional services	15% <u>coinsurance</u> after deductible	35% <u>coinsurance</u> after deductible	SBC (i.e. ultrasound.) For inpatient admission, failure to	
	Childbirth/delivery facility services	15% <u>coinsurance</u> after deductible	35% <u>coinsurance</u> after deductible	obtain pre-authorization may result in reduced or no coverage.	
If you need help recovering or have other special health needs	<u>Home health care</u>	15% <u>coinsurance</u> after deductible	35% <u>coinsurance</u> after deductible	100 visits/calendar year combined for In-Network and Out-of-Network. Failure to obtain pre-authorization may result in reduced or no coverage.	
	Rehabilitation services	15% <u>coinsurance</u> after deductible	35% <u>coinsurance</u> after deductible	Outpatient coverage of physical, occupational and speech therapies is	

* For more information about limitations and exceptions, see <u>plan</u> or policy document at https://www.anthem.com/cuhealthplan.

Common		What You Will Pay		Limitations, Exceptions, & Other
Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Important Information
	Habilitation services	15% <u>coinsurance</u> after deductible	35% <u>coinsurance</u> after deductible	limited to 40 visits each per plan year combined <u>In-Network</u> and <u>Out-of-</u> <u>Network</u> . All rehabilitation and habilitation visits count toward your rehabilitation visit limit.
	Skilled nursing care	15% <u>coinsurance</u> after deductible	35% <u>coinsurance</u> after deductible	Failure to obtain pre-authorization may result in reduced or no coverage. Covers up to 100 days per plan year combined <u>In-Network</u> and <u>Out-of-</u> <u>Network</u> .
	Durable medical equipment	15% <u>coinsurance</u> after deductible	Not covered	Failure to obtain pre-authorization may result in reduced or no coverage. Includes 1 wig following cancer treatment.
	Hospice services	15% <u>coinsurance</u> after deductible	35% <u>coinsurance</u> after deductible	Failure to obtain pre-authorization may result in reduced or no coverage.
If your child	Eye exam	Not covered	Not covered	none
needs dental or	Glasses	Not covered	Not covered	
eye care	Dental check-up	Not covered	Not covered	none

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Private-duty nursing • Routine foot care unless you have ٠ been diagnosed with diabetes Weight loss programs ٠
- Cosmetic surgery ٠
- Long-term care ٠

• Routine vision exam

- Dental care (adult)
- Preauthorization You may have to pay for all or a portion of any test, equipment, service or procedure that is not preauthorized. To find out which services require Preauthorization and to be sure that Preauthorization has been given, you may contact us.

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)				
• Acupuncture (20 visit maximum)	Bariatric surgery	• Chiropractic care (20 visit maximum)		
• Most coverage provided outside the United	• Hearing Aids (1 pair/5	Infertility treatment		
States <u>www.bcbsglobalcore.com</u>	years)			

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at (866) 444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact:

ATTN: Grievances and Appeals, 700 Broadway, Mail Stop CO0104-0430, Denver, CO 80273

Department of Labor, Employee Benefits Security Administration, (866) 444-EBSA (3272), www.dol.gov/ebsa/healthreform

Division of Insurance, ICARE Section, 1560 Broadway, Suite 850, Denver, Colorado 80202, (303) 894-7490

* For more information about limitations and exceptions, see **plan** or policy document at https://www.anthem.com/cuhealthplan.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax credit</u>.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

-To see examples of how this plan might cover costs for a sample medical situation, see the next section.—



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost</u> <u>sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		
 The <u>plan's</u> overall <u>deductible</u> <u>Specialist coinsurance</u> Hospital (facility) <u>coinsurance</u> Other <u>coinsurance</u> 	\$1,650 15% 15% 15%	

This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services **Diagnostic tests** (*ultrasounds and blood work*) **Specialist** visit (*anesthesia*)

Total Example Cost	\$12,840
In this example, Peg would pay:	
<u>Cost Sharing</u>	
Deductibles	\$1,650
<u>Copayments</u>	\$0
<u>Coinsurance</u>	\$1,679
What isn't covered	
Limits or exclusions	\$0
The total Peg would pay is	\$3,300

Managing Joe's type 2 Diabetes (a year of routine in-network care of a well- controlled condition)		
■ The <u>plan's</u> overall <u>deductible</u>	\$1,650	
■ <u>PCP coinsurance</u>	15%	
Hospital (facility) <u>coinsurance</u>	15%	
Other <u>coinsurance</u> 15%		

This EXAMPLE event includes services like: <u>Primary care physician</u> office visits (including disease education) <u>Diagnostic tests</u> (blood work) <u>Prescription drugs</u> <u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$7,460
In this example, Joe would pay:	
Cost Sharing	
Deductibles	\$1,650
<u>Copayments</u>	\$0
<u>Coinsurance</u>	\$872
What isn't covered	
Limits or exclusions	\$0
The total Joe would pay is	\$2,522

Mia's Simple Fracture (in-network emergency room visit and follow up care)

The <u>plan's</u> overall <u>deductible</u>	\$1,650
Specialist coinsurance	15%
Hospital (facility) <u>coinsurance</u>	15%
Other <i>coinsurance</i>	15%

This EXAMPLE event includes services like: <u>Emergency room care</u> (including medical supplies) <u>Diagnostic test</u> (x-ray) <u>Durable medical equipment</u> (crutches) <u>Rehabilitation services</u> (physical therapy)

Total Example Cost	\$2,010
In this example, Mia would pay:	
Cost Sharing	
Deductibles	\$1,650
<u>Copayments</u>	\$0
<u>Coinsurance</u>	\$54
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$1,704

(TTY/TDD: 711)

Albanian (Shqip): Nëse keni pyetje në lidhje me këtë dokument, keni të drejtë të merrni falas ndihmë dhe informacion në gjuhën tuaj. Për të kontaktuar me një përkthyes, telefononi (800) 735-6072

Amharic (አማርኛ)፦ ስለዚህ ሰነድ ማንኛውም ጥያቄ ካለዎት በራስዎ ቋንቋ እርዳታ እና ይህን ጦረጃ በነጻ የማማኘት መብት አለዎት። አስተርጓሚ ለማናገር (800) 735-6072 ይደውሉ።

Arabic (العربية): إذا كان لديك أي استفسارات بشأن هذا المستند، فيحق لك الحصول على المساعدة والمعلومات بلغتك دون مقابل. للتحدث إلى مترجم، اتصل على 735-6072 (800).

Armenian (հայերեն). Եթե այս փաստաթղթի հետ կապված հարցեր ունեք, դուք իրավունք ունեք անվձար ստանալ օգնություն և տեղեկատվություն ձեր լեզվով։ Թարգմանչի հետ խոսելու համար զանգահարեք հետևյալ հեռախոսահամարով՝ (800) 735-6072։

Bassa (Băsôð Wùdù): À dyi dyi-diè-dè bě bédé bá céè-dè nìà kɛ dyí ní, ɔ mò nì dyí-bɛ̀dɛ̀ìn-dɛ̀ bɛ́ m̀ ké gbo-kpá-kpá kè bɔ̈́ kpɔ̃ dé m̀ bídí-wùdùǔn bó pídyi. Bɛ́ m̀ ké wudu-zììn-nyò dò gbo wùdù kɛ, dá (800) 735-6072.

Bengali (বাংলা): যদি এই নথিপত্রের বিষয়ে আপনার কোনো প্রশ্ন থাকে, ভাহলে আপনার ভাষায় বিনামূল্য সাহায্য পাওয়ার ও তথ্য পাওয়ার অধিকার আপনার আছে। একজন দোভাষীর সাথে কথা ব্লার জন্য (800) 735-6072 –তে কল করুন।

Burmese **(မြန်မာ):** ဤစာရွက်စာတမ်းနှင့် ပတ်သက်၍ သင့်တွင် မေးမြန်းလိုသည်များရှိပါက အချက်အလက်များနှင့် အကူအညီကို အခကြေးငွေ ပေးစရာမလိုပဲ သင့်ဘာသာစကားဖြင့် ရယူနိုင်ခွင့် သင့်တွင် ရှိပါသည်။ စကားပြန် တစ်ဦးနှင့် စကားပြောနိုင်ရန် ဖုန် (800) 735-6072 သို့ ခေါ် ဆိုပါ။

Chinese (中文):如果您對本文件有任何疑問,您有權使用您的語言免費獲得協助和資訊。如需與譯員通話,請致電 (800) 735-6072。

Dinka (Dinka): Na noŋ thiêëc në ke de ya thorë, ke yin noŋ loŋ bë yi kuony ku wɛr alëu bë gɛɛr yic yin ne thoŋ du ke cin wëu taauë ke piny. Te kor yin ba jam wënë ran ye thok geryic, ke yin col (800) 735-6072.

Dutch (Nederlands): Bij vragen over dit document hebt u recht op hulp en informatie in uw taal zonder bijkomende kosten. Als u een tolk wilt spreken, belt u (800) 735-6072.

Farsi (فارسي): در صورتی که سؤالی پیرامون این سند دارید، این حق را دارید که اطلاعات و کمک را بدون هیچ هزینهای به زبان مادریتان دریافت کنید. برای گفتگو با یک مترجم شفاهی، با شماره 735-6072 (800) تماس بگیرید.

French (Français) : Si vous avez des questions sur ce document, vous avez la possibilité d'accéder gratuitement à ces informations et à une aide dans votre langue. Pour parler à un interprète, appelez le (800) 735-6072.

German (Deutsch): Wenn Sie Fragen zu diesem Dokument haben, haben Sie Anspruch auf kostenfreie Hilfe und Information in Ihrer Sprache. Um mit einem Dolmetscher zu sprechen, bitte wählen Sie (800) 735-6072.

Greek (Ελληνικά) Αν έχετε τυχόν απορίες σχετικά με το παρόν έγγραφο, έχετε το δικαίωμα να λάβετε βοήθεια και πληροφορίες στη γλώσσα σας δωρεάν. Για να μιλήσετε με κάποιον διερμηνέα, τηλεφωνήστε στο (800) 735-6072.

Gujarati (**ગજરાતી**): જો આ અંગે આપને કોઈપણ પ્રશ્નો હોય તો, કોઈપણ ખર્ય વગર આપની ભાષામાં મદદ અને માહહતી દસ્તાવજ મેળવવાનો તમને અહિકાર

છે. દુભાહષયા સાથે વાત કરવા માટે, કોલ કરો (800) 735-6072.

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