Summary of Benefits and Coverage: What this <u>Plan</u> Covers & What You Pay For Covered Services Anthem Blue Cross and Blue Shield

CU Health Plan – High Deductible/HSA Compatible



Coverage Period: 07/01/2021 – 06/30/2022

Coverage for: Individual + Family | Plan Type: CDHP

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms

of coverage, <u>https://www.anthem.com/cuhealthplan</u>. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary/</u> or call (800) 735-6072 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	 \$1,500/single or \$3,000/family for <u>In-Network Providers</u>. \$3,000/single or \$6,000/family for <u>Out-of-Network Providers</u>. 	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your <u>deductible?</u>	Yes. <u>Preventive care</u> for <u>In-</u> <u>Network Providers</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain preventive services without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered preventive services at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	 \$3,000/single or \$6,000/family for <u>In-Network Providers</u>. \$6,000/single or \$12,000/family for <u>Out-of-Network Providers</u>. 	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , the overall family <u>out-of-pocket limit</u> must be met.
What is not included in the <u>out-of-pocket</u> <u>limit</u> ?	Pre-Authorization Penalties, <u>Premiums</u> , <u>Balance-Billing</u> charges, and Health Care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes, PPO. See www.anthem.com/cuhealthplan or call (800) 735-6072 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's</u> <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common		What You Will Pay		Limitations, Exceptions, & Other	
Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Important Information	
	Primary care visit to treat an injury or illness	15% <u>coinsurance</u> after deductible	35% <u>coinsurance</u> after deductible	none	
If you visit a	<u>Specialist</u> visit	15% <u>coinsurance</u> after deductible	35% <u>coinsurance</u> after deductible	none	
health care provider's office or clinic	Preventive care/screening/ immunization	\$0 /visit	35% <u>coinsurance</u> after deductible	There may be other levels of cost share that are contingent on how services are provided. You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	15% <u>coinsurance</u> after deductible	35% <u>coinsurance</u> after deductible	none	
	Imaging (CT/PET scans, MRIs)	15% <u>coinsurance</u> after deductible	35% <u>coinsurance</u> after deductible	Failure to obtain pre-authorization may result in reduced or no coverage.	
If you need drugs to treat your illness or condition More information	Tier 1 - Typically Generic	20% <u>coinsurance</u> after deductible for up to a 30- day supply at CVS Retail Pharmacies and up to a 90- day supply at UCHealth Retail Pharmacies or UCH Mail Order	20% <u>coinsurance</u> after deductible for up to a 30- day supply	 Specialty RX: Per fill, a maximum of up to 30 days of Specialty medication. Maintenance medication: Per fill, a maximum of up to 30 days of maintenance medication may be purchased at a retail pharmacy. If 	
about <u>prescription</u> <u>drug coverage</u> under CVS's Standard Control Formulary with Advanced Control Specialty Formulary	Tier 2 - Typically Preferred Brand	20% <u>coinsurance</u> after deductible for up to a 30- day supply at CVS Retail Pharmacies and up to a 90- day supply at UCHealth Retail Pharmacies or UCH Mail Order	20% <u>coinsurance</u> after deductible for up to a 30- day supply	using mail order for up to a 90-day supply, UCH Mail Order Prescription Service must be used for maintenance medications to be covered. Diabetic Medication & Supplies: Members diagnosed with diabetes may	
is available at <u>https://info.caremar</u> <u>k.com/acsdruglist</u>	Tier 3 - Typically Non-Preferred Brand	20% <u>coinsurance</u> after deductible for up to a 30- day supply at CVS Retail	20% <u>coinsurance</u> after deductible for up to a 30- day supply	be eligible to have diabetic medication & supplies (needles, syringes, lancets, test strips) obtained at in network	

* For more information about limitations and exceptions, see <u>plan</u> or policy document at https://www.anthem.com/cuhealthplan.

Common		What You Will Pay		Limitations, Exceptions, & Other
Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Important Information
		Pharmacies and up to a 90- day supply at UCHealth Retail Pharmacies or UCH Mail Order		pharmacies with no applicable copayment (100% covered). Please contact member services for additional information.
	Tier 4 - Typically <u>Specialty</u> Drugs	20% <u>coinsurance</u> after deductible for up to a 30- day supply at CVS Retail Pharmacies, UCHealth Retail Pharmacies or UCH Mail Order	20% <u>coinsurance</u> after deductible for up to a 30- day supply	Mail Order Pharmacy Location: University of Colorado Hospital Mail Order Prescription Service Phone (720) 848-1432 https://www.uchealth.org/services/pha rmacy/ Prescription Drugs will always be dispensed as ordered by your Provider and by applicable State Pharmacy Regulations, however you may have higher out-of-pocket costs. You may request, or your Provider may order, the Brand Name Drug. However, if a Generic Drug is available, you will need to pay the cost difference between the Generic and Brand Name Drug, in addition to your tier Copayment. The cost difference between the Generic and Brand Name Drug does not contribute to the Out- of-Pocket Annual Maximum. By law, Generic and Brand Name Drugs must meet the same standards for safety, strength, and effectiveness. The Plan reserves the right, at its discretion, to remove certain higher cost Generic Drugs from this coverage.
If you have	Facility fee (e.g., ambulatory surgery center)	15% <u>coinsurance</u> after deductible	35% <u>coinsurance</u> after deductible	Failure to obtain pre-authorization may result in reduced or no coverage.
outpatient surgery	Physician/surgeon fees	15% <u>coinsurance</u> after deductible	35% <u>coinsurance</u> after deductible	none

* For more information about limitations and exceptions, see <u>plan</u> or policy document at https://www.anthem.com/cuhealthplan.

Common		What You Will Pay		Limitations, Exceptions, & Other	
Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Important Information	
If you need	Emergency room care	15% <u>coinsurance</u> after deductible	Covered as <u>In-Network</u>	There may be other levels of cost share that are contingent on how services are provided.	
immediate medical attention	Emergency medical transportation	15% <u>coinsurance</u> after deductible	Covered as <u>In-Network</u>	none	
	Urgent care	15% <u>coinsurance</u> after deductible	35% <u>coinsurance</u> after deductible	none	
If you have a	Facility fee (e.g., hospital room)	15% <u>coinsurance</u> after deductible	35% <u>coinsurance</u> after deductible	Failure to obtain pre-authorization may result in reduced or no coverage.	
hospital stay	Physician/surgeon fees	15% <u>coinsurance</u> after deductible	35% <u>coinsurance</u> after deductible	none	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Office Visit 15% <u>coinsurance</u> after deductible; Other Outpatient 15% <u>coinsurance</u> after deductible	Office Visit 35% <u>coinsurance</u> after deductible; Other Outpatient 35% <u>coinsurance</u> after deductible	Failure to obtain pre-authorization may result in reduced or no coverage.	
abuse services	Inpatient services	15% <u>coinsurance</u> after deductible	35% <u>coinsurance</u> after deductible	Failure to obtain pre-authorization may result in reduced or no coverage.	
	Office visits	15% <u>coinsurance</u> after deductible	35% <u>coinsurance</u> after deductible	Maternity care may include tests and services described elsewhere in the	
If you are pregnant	Childbirth/delivery professional services	15% <u>coinsurance</u> after deductible	35% <u>coinsurance</u> after deductible	SBC (i.e. ultrasound.) For inpatient admission, failure to	
	Childbirth/delivery facility services	15% <u>coinsurance</u> after deductible	35% <u>coinsurance</u> after deductible	obtain pre-authorization may result in reduced or no coverage.	
If you need help	Home health care	15% <u>coinsurance</u> after deductible	35% <u>coinsurance</u> after deductible	100 visits/calendar year combined for In-Network and Out-of-Network. Failure to obtain pre-authorization may result in reduced or no coverage.	
If you need help recovering or have other special health needs	Rehabilitation services	15% <u>coinsurance</u> after deductible	35% <u>coinsurance</u> after deductible	Outpatient coverage of physical, occupational and speech therapies is	
	Habilitation services	15% <u>coinsurance</u> after deductible	35% <u>coinsurance</u> after deductible	limited to 40 visits each per plan year combined <u>In-Network</u> and <u>Out-of-</u> <u>Network</u> . All rehabilitation and habilitation visits count toward your rehabilitation visit limit.	

* For more information about limitations and exceptions, see <u>plan</u> or policy document at https://www.anthem.com/cuhealthplan.

Common		What You Will Pay		Limitations, Exceptions, & Other	
Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Important Information	
	Skilled nursing care	15% <u>coinsurance</u> after deductible	35% <u>coinsurance</u> after deductible	Failure to obtain pre-authorization may result in reduced or no coverage. Covers up to 100 days per plan year combined <u>In-Network</u> and <u>Out-of-</u> <u>Network</u> .	
	Durable medical equipment	15% <u>coinsurance</u> after deductible	Not covered	Failure to obtain pre-authorization may result in reduced or no coverage. Includes 1 wig following cancer treatment.	
	Hospice services	15% <u>coinsurance</u> after deductible	35% <u>coinsurance</u> after deductible	Failure to obtain pre-authorization may result in reduced or no coverage.	
If your child	Eye exam	Not covered	Not covered	none	
needs dental or	Glasses	Not covered	Not covered		
eye care	Dental check-up	Not covered	Not covered	none	

Excluded Services & Other Covered Services:

Services Your <u>Plan</u> Generally Does NOT Cover services.)	r (Check your policy or <u>plan</u> document for mor	re information and a list of any other <u>excluded</u>
• Abortion (except in cases of rape, incest, or when the life of the mother is endangered)	Cosmetic surgery	• Dental care (adult)
• Infertility treatment	• Long-term care	• Preauthorization - You may have to pay for all or a portion of any test, equipment, service or procedure that is not preauthorized. To find out which services require Preauthorization and to be sure that Preauthorization has been given, you may contact us.
Private-duty nursing	• Routine foot care unless you have been diagnosed with diabetes	Routine vision exam
Weight loss programs		

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

• Acupuncture (20 visit maximum)

• Bariatric surgery

• Chiropractic care (20 visit maximum)

- Most coverage provided outside the United States <u>www.bcbsglobalcore.com</u>
- Hearing Aids (limits apply)
- Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at (866) 444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <u>Marketplace</u>. For more information about the <u>Marketplace</u>, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

ATTN: Grievances and Appeals, 700 Broadway, Mail Stop CO0104-0430, Denver, CO 80273

Department of Labor, Employee Benefits Security Administration, (866) 444-EBSA (3272), www.dol.gov/ebsa/healthreform

Division of Insurance, ICARE Section, 1560 Broadway, Suite 850, Denver, Colorado 80202, (303) 894-7490

Does this plan provide Minimum Essential Coverage? Yes

If you don't have <u>Minimum Essential Coverage</u> for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

-To see examples of how this plan might cover costs for a sample medical situation, see the next section.



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost</u> <u>sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

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This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services **Diagnostic tests** (*ultrasounds and blood work*) **Specialist** visit (*anesthesia*)

Total Example Cost	\$12,840
In this example, Peg would pay:	
<u>Cost Sharing</u>	
Deductibles	\$1,500
Copayments	\$0
<u>Coinsurance</u>	\$1,500
What isn't covered	
Limits or exclusions	\$0
The total Peg would pay is	\$3,000

Managing Joe's type 2 Diabetes (a year of routine in-network care of a well- controlled condition)		
■ The <u>plan's</u> overall <u>deductible</u>	\$1,500	
<u>PCP coinsurance</u>	15%	
Hospital (facility) <u>coinsurance</u> 15%		
Other <u>coinsurance</u> 15%		

This EXAMPLE event includes services like: <u>Primary care physician</u> office visits (*including disease education*)

disease education) <u>Diagnostic tests</u> (blood work) <u>Prescription drugs</u> <u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$7,460
In this example, Joe would pay:	
<u>Cost Sharing</u>	
Deductibles	\$1,500
<u>Copayments</u>	\$0
<u>Coinsurance</u>	\$894
What isn't covered	
Limits or exclusions	\$0
The total Joe would pay is	\$2,394

Mia's Simple Fracture (in-network emergency room visit and follow up care)

The <u>plan's</u> overall <u>deductible</u>	\$1,500
Specialist <i>coinsurance</i>	15%
Hospital (facility) <u>coinsurance</u>	15%
Other <u>coinsurance</u>	15%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)

Total Example Cost	\$2,010
In this example, Mia would pay:	
<u>Cost Sharing</u>	
Deductibles	\$1,500
<u>Copayments</u>	\$0
Coinsurance	\$77
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$1,577

(TTY/TDD: 711)

Albanian (Shqip): Nëse keni pyetje në lidhje me këtë dokument, keni të drejtë të merrni falas ndihmë dhe informacion në gjuhën tuaj. Për të kontaktuar me një përkthyes, telefononi (800) 735-6072

Amharic (አማርኛ)፦ ስለዚህ ሰነድ ማንኛውም ጥያቄ ካለዎት በራስዎ ቋንቋ እርዳታ እና ይህን መረጃ በነጻ የማግኘት መብት አለዎት። አስተርጓሚ ለማናገር (800) 735-6072 ይደውሉ።

Arabic (العربية): إذا كان لديك أي استفسارات بشأن هذا المستند، فيحق لك الحصول على المساعدة والمعلومات بلغتك دون مقابل. للتحدث إلى مترجم، اتصل على 735-6072 (800).

Armenian (հայերեն). Եթե այս փաստաթղթի հետ կապված հարցեր ունեք, դուք իրավունք ունեք անվձար ստանալ օգնություն և տեղեկատվություն ձեր լեզվով։ Թարգմանչի հետ խոսելու համար զանգահարեք հետևյալ հեռախոսահամարով՝ (800) 735-6072։

Bassa (Băsôð Wùdù): M dyi dyi-diè-dè bě bédé bá céè-dè nìà kɛ dyí ní, ɔ mò nì dyí-bèdèìn-dè bé m ké gbo-kpá-kpá kè bỗ kpõ dé m bídí-wùdùǔn bó pídyi. Bé m ké wudu-zììn-nyò dò gbo wùdù kɛ, dá (800) 735-6072.

Bengali (বাংলা): যদি এই নথিপত্রের বিষয়ে আপনার কোনো প্রশ্ন থাকে, ভাহলে আপনার ভাষায় বিনামূল্য সাহায্য পাওয়ার ও তথ্য পাওয়ার অধিকার আপনার আছে। একজন দোভাষীর সাথে কথা ব্লার জন্য (800) 735-6072 –তে কল করুন।

Burmese **(မြန်မာ):** ဤစာရွက်စာတမ်းနှင့် ပတ်သက်၍ သင့်တွင် မေးမြန်းလိုသည်များရှိပါက အချက်အလက်များနှင့် အကူအညီကို အခကြေးငွေ ပေးစရာမလိုပဲ သင့်ဘာသာစကားဖြင့် ရယူနိုင်ခွင့် သင့်တွင် ရှိပါသည်။ စကားပြန် တစ်ဦးနှင့် စကားပြောနိုင်ရန် ဖုန် (800) 735-6072 သို့ ခေါ်ဆိုပါ။

Chinese (中文):如果您對本文件有任何疑問,您有權使用您的語言免費獲得協助和資訊。如需與譯員通話,請致電 (800) 735-6072。

Dinka (Dinka): Na noŋ thiëëc në ke de yä thorë, ke yin noŋ loŋ bë yi kuony ku wɛr alëu bë gɛɛr yic yin ne thoŋ du ke cin wëu tääuë ke piny. Te kor yin ba jam wënë ran ye thok geryic, ke yin col (800) 735-6072.

Dutch (Nederlands): Bij vragen over dit document hebt u recht op hulp en informatie in uw taal zonder bijkomende kosten. Als u een tolk wilt spreken, belt u (800) 735-6072.

Farsi (فارسي): در صورتی که سؤالی پیرامون این سند دارید، این حق را دارید که اطلاعات و کمک را بدون هیچ هزینهای به زبان مادریتان دریافت کنید. برای گفتگو با یک مترجم شفاهی، با شماره 735-6072 (800) تماس بگیرید.

French (Français) : Si vous avez des questions sur ce document, vous avez la possibilité d'accéder gratuitement à ces informations et à une aide dans votre langue. Pour parler à un interprète, appelez le (800) 735-6072.

German (Deutsch): Wenn Sie Fragen zu diesem Dokument haben, haben Sie Anspruch auf kostenfreie Hilfe und Information in Ihrer Sprache. Um mit einem Dolmetscher zu sprechen, bitte wählen Sie (800) 735-6072.

Greek (Ελληνικά) Αν έχετε τυχόν απορίες σχετικά με το παρόν έγγραφο, έχετε το δικαίωμα να λάβετε βοήθεια και πληροφορίες στη γλώσσα σας δωρεάν. Για να μιλήσετε με κάποιον διερμηνέα, τηλεφωνήστε στο (800) 735-6072.

Gujarati (ગુજરાતી): જો આ દસ્તાવેજ અંગે આપને કોઈપણ પ્રશ્નો હોય તો, કોઈપણ ખર્ચ વગર આપની ભાષામાં મદદ અને માહિતી મેળવવાનો તમને અધિકાર છે. દુભાષિયા સાથે વાત કરવા માટે, કોલ કરો (800) 735-6072.

Haitian Creole (Kreyòl Ayisyen): Si ou gen nenpòt kesyon sou dokiman sa a, ou gen dwa pou jwenn èd ak enfòmasyon nan lang ou gratis. Pou pale ak yon entèprèt, rele (800) 735-6072.

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