



Mental Health Training – CU Boulder

Annual Mental Health Trainings					
	2021-22 (Baseline)	2022-23	2023-24	2024-25	2026 Goal
Undergraduate Students	99.0%	99.1%	99.2%	99.5%	100%
Graduate Students	6.9%	9.6%	19.1%	23.4%	75%
Faculty & Staff	12.3%	22.6%	28.6%	41.7%	75%



Annual progress goal achieved
(annual improvement):
Yes

Action Steps

1. Encourage/incentivize students to participate in either a First Year Academic Experience seminar or the online orientation Health and Wellness module, with a goal of having at least one of these experiences during their time at CU Boulder
2. Encourage/incentivize faculty/staff/graduate students to participate in mental health and wellness training modules, workshops and counseling services
3. Develop a comprehensive approach to suicide prevention
4. Launch the mental health collaborative



Mental Health Training – UCCS

Annual Mental Health Trainings					
	2021-22 (Baseline)	2022-23	2023-24	2024-25	2026 Goal
Students	4.7%	6.7%	9.3%	8.4%	25%
Faculty	4.9%	5.8%	16.8%	6.8%	27.5%
Staff	10.5%	27.3%	46.6%	21.7%	44%



Annual progress goal achieved
(annual improvement):

No

Action Steps

1. Established online QPR training to help faculty, staff and students identify students struggling with mental health issues
2. Continued with preventative, resilience and peer support programs/trainings



Mental Health Training – CU Denver

Annual Mental Health Trainings					
	2021-22 (Baseline)	2022-23	2023-24	2024-25	2026 Goal
Students	0.8%	1.5%	0.5%	0.3%	15%
Faculty & Staff	7.3%	7.9%	11.8%	6.0%	25%



Annual progress goal achieved
(annual improvement):

Students=No

Employees=No

Action Steps

1. Expand current mental health training to additional students, faculty and staff
2. Improve coordination of mental health services on campus
3. Conduct cabinet and deans training regarding mental health issues experienced by BIPOC community members



Mental Health Training – CU Anschutz

Annual Mental Health Trainings					
	2021-22 (Baseline)	2022-23	2023-24	2024-25	2026 Goal
Students, Faculty & Staff	51%	36%	12%	18%	24%



Annual progress goal achieved
(annual improvement):
Yes

Action Steps

1. Expand current mental health first aid training to additional students, faculty and staff
2. Improve coordination of mental health efforts on campus

*Staff includes postdocs and residents

Source: CU Anschutz Office of Budget, Planning and Campus Strategy. Data received 6/26/25.