

CU Benefits Enrollment/Change Form

GME Medical Residents, Interns and Subspecialty Fellows

2025-2026

- This form cannot be completed in a web browser.
 1. **Download** form to your desktop from the web browser.
 2. **Open** it in Adobe or Adobe Reader before completing.
 3. **Submit** the form.
- If you are a new employee/newly eligible, please enroll in your [employee portal](https://my.cu.edu/) (<https://my.cu.edu/>).
- You have 31 days from your date of benefits eligibility or Qualifying Life Change to complete and send in this enrollment/change form.
- Plan information and current rate information are available on the [CU Benefits website](http://www.cu.edu/benefits) (www.cu.edu/benefits).
- If you are enrolling any dependents in medical, dental, vision, optional life and/or voluntary AD&D plans, who have **not** previously completed dependent eligibility verification (DEV), you must complete the [DEV form](#) in your employee portal in addition to completing and sending this Benefits Enrollment/Change Form. For more information on DEV, visit the [CU DEV website](http://www.cu.edu/node/116040) ([https://www.cu.edu/node/116040](http://www.cu.edu/node/116040)).
- The words underlined in blue are hyperlinks. To select the link, please press Ctrl + click the link to view the corresponding webpage or document.
- Incomplete, illegible, incorrect or unsigned forms will not be processed. Consequently, your benefits could be delayed, or you could risk losing enrollment eligibility for certain benefits. All sections of this form must be completed.

Type of Enrollment

Check one box only.

New hire/newly eligible

Date of hire or new eligibility:

mm/dd/yyyy

Qualifying Life Change (QLC)

Date of QLC:

mm/dd/yyyy

If applicable, select your QLC from the list below:

[Birth or adoption](#)

[Change in dependent care needs \(DCFSA\)](#)

[Employee gaining eligibility](#)

[Dependent gaining eligibility](#)

[Death of a spouse or partner](#)

[Death of a child](#)

[Dependent losing eligibility](#)

[Divorce or legal separation](#)

[Employee losing eligibility](#)

[Marriage or Partnership](#)

[Medical child support order](#)

Other - Please contact a benefits professional @ 303-860-4200, Option 3

Allowable changes to benefit elections are limited based on the Qualifying Life Change. To learn what changes are permissible visit the [CU Qualifying Life Changes website](http://www.cu.edu/employee-services/benefits-wellness/gme-medical-residents/gme-life-changes) ([https://www.cu.edu/employee-services/benefits-wellness/gme-medical-residents/gme-life-changes](http://www.cu.edu/employee-services/benefits-wellness/gme-medical-residents/gme-life-changes)).

Employee Information

Completion of all sections is required.

Employee ID Number – **required**

Name (Last)

(First)

(Middle Initial)

Preferred Telephone

Preferred Email Address

Section 1: Medical, Dental and Vision Plan Options

Reminder: Select your health plans according to your tax preference: before tax or after tax. The selected health plan and tax designation may only be changed during Open Enrollment each year. For more information on the before tax or after tax designation, visit the [CU Before or After Tax webpage](https://www.cu.edu/docs/before-or-after-tax) (<https://www.cu.edu/docs/before-or-after-tax>).

CU Medical Plan Options

Choose your plan - must select one box

Exclusive* – before tax

Exclusive* – after tax

High Deductible – before tax

High Deductible – after tax

Kaiser* – before tax

Kaiser* – after tax

Pathway – before tax

Pathway – after tax

waive medical plan

no change

Choose your coverage level - must select one box

employee only

employee + spouse**

employee + child(ren)

family (employee+spouse**+child(ren))

waive medical coverage

no change

CU Dental Plan Options

Choose your plan - must select one box

Essential – before tax

Essential – after tax

Choice – before tax

Choice – after tax

waive dental plan

no change

Choose your coverage level - must select one box

employee only

employee + spouse**

employee + child(ren)

family (employee+spouse**+child(ren))

waive dental coverage

no change

CU Vision Plan Options

Choose your plan - must select one box

Vision – before tax

Vision – after tax

waive vision plan

no change

Choose your coverage level - must select one box

employee only

employee + spouse**

employee + child(ren)

family (employee+spouse**+child(ren))

waive vision coverage

no change

* The medical CU Health Plan - Exclusive and the CU Health Plan - Kaiser are only available to Colorado residents.

**spouse includes common-law spouse, domestic partner, and civil union partner

Section 1 (cont.): Medical, Dental and Vision Plan Participants

! **Complete** all information. If not applicable, write N/A.
Enrolling dependents in medical, dental, vision, who have not previously completed dependent eligibility verification requires the completion of the [DEV form](#) in the employee portal in addition to this form. For more information on DEV, or for alternate submission instructions, visit the [CU DEV website](#) www.cu.edu/node/116040.

Employee

Employee Name (Last)	(First)	(Middle Initial)	Date of Birth
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Spouse, Common Law, Domestic or Civil Union Partner

Spouse/Partner Name (Last)	(First)	(Middle Initial)	Date of Birth
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Social Security Number - required	Employee ID of CU Spouse/Partner (if applicable)
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Relationship to Employee: spouse common law spouse domestic partner civil union partner

Action	Gender (please check one – required for insurance enrollment)
add	male
remove	female
no change	U/X (unspecified or another gender identity)

Is your domestic/civil union partner your qualified tax dependent for health coverage?

Yes, complete the [Tax Certification of Dependency Form](#) (<https://www.cu.edu/node/164116>) with your enrollment.

No, you will be subject to imputed income (taxable income). For more information, go to the [CU Imputed Income website](#) (<http://www.cu.edu/node/56944>).

Section 1 (cont.): Medical, Dental, and Vision Plan Participants

Child 1

Child's Name (Last) (First) (Middle Initial)

Date of Birth Social Security Number

Relationship to Employee: biological/adopted stepchild child for whom you have legal responsibility relationship: _____

Action	Gender (please check one – required for insurance enrollment)
add	male
remove	female
no change	U/X (unspecified or another gender identity)

Is your domestic/civil union partner your qualified tax dependent for health coverage?

Yes, complete the [Tax Certification of Dependency Form](https://www.cu.edu/node/164116) (<https://www.cu.edu/node/164116>) with your enrollment.

No, you will be subject to imputed income (taxable income). For more information, go to the [CU Imputed Income website](http://www.cu.edu/node/56944) (<http://www.cu.edu/node/56944>).

Child 2

Child's Name (Last) (First) (Middle Initial)

Date of Birth Social Security Number

Relationship to Employee: biological/adopted stepchild child for whom you have legal responsibility relationship: _____

Action	Gender (please check one – required for insurance enrollment)
add	male
remove	female
no change	U/X (unspecified or another gender identity)

Is your domestic/civil union partner your qualified tax dependent for health coverage?

Yes, complete the [Tax Certification of Dependency Form](https://www.cu.edu/node/164116) (<https://www.cu.edu/node/164116>) with your enrollment.

No, you will be subject to imputed income (taxable income). For more information, go to the [CU Imputed Income website](http://www.cu.edu/node/56944) (<http://www.cu.edu/node/56944>).

Section 1 (cont.): Medical, Dental, and Vision Plan Participants

Child 3

Child's Name (Last) (First) (Middle Initial)

Date of Birth Social Security Number

Relationship to Employee: biological/adopted stepchild child for whom you have legal responsibility relationship: _____

Action	Gender (please check one – required for insurance enrollment)
add	male
remove	female
no change	U/X (unspecified or another gender identity)

Is your domestic/civil union partner your qualified tax dependent for health coverage?

Yes, complete the [Tax Certification of Dependency Form](https://www.cu.edu/node/164116) (<https://www.cu.edu/node/164116>) with your enrollment.

No, you will be subject to imputed income (taxable income). For more information, go to the [CU Imputed Income website](http://www.cu.edu/node/56944) (<http://www.cu.edu/node/56944>).

Child 4

Child's Name (Last) (First) (Middle Initial)

Date of Birth Social Security

Relationship to Employee: biological/adopted stepchild child for whom you have legal responsibility relationship: _____

Action	Gender (please check one – required for insurance enrollment)
add	male
remove	female
no change	U/X (unspecified or another gender identity)

Is your domestic/civil union partner your qualified tax dependent for health coverage?

Yes, complete the [Tax Certification of Dependency Form](https://www.cu.edu/node/164116) (<https://www.cu.edu/node/164116>) with your enrollment.

No, you will be subject to imputed income (taxable income). For more information, go to the [CU Imputed Income website](http://www.cu.edu/node/56944) (<http://www.cu.edu/node/56944>).

Additional children? If you need to add more children, please make copies of this page.

Section 2: Pretax Savings

Flexible Spending Accounts (FSA) - Reelection of an FSA option is **required** during Open Enrollment for the new plan year. You do not need to be enrolled in a medical plan to elect the HCFSA. Flexible Spending Account elections are irrevocable for the Plan Year. FSA elections can only be made as a new hire/newly eligible, during Open Enrollment or due to a Qualifying Life Change. For more information visit:

- [Health Care Flexible Spending Account](http://www.cu.edu/node/153399) (www.cu.edu/node/153399).
- [Dependent Care Flexible Spending Account](http://www.cu.edu/node/153400) (www.cu.edu/node/153400).

Health Care Flexible Spending Account (HCFSA)

You may not exceed \$3,300 in a calendar plan year. Must select one box.

I elect \$_____ to enroll for plan year (July 1- June 30). I understand my election will be divided by the remaining months in the plan year. The plan election minimum is \$120/year, and the maximum is \$3,300 per employee in a calendar and/or plan year.

I waive enrollment.

No change in enrollment.

Dependent Care Flexible Spending Account (DCFSA)

You may not exceed \$5,000 per household in a calendar year. Must select one box.

I elect \$_____ to enroll for plan year (July 1 - June 30). I understand my election will be divided by the remaining months in the plan year. The plan election minimum is \$120/year, and the maximum is \$5,000 per household in a calendar and/or plan year.*

I waive enrollment.

No change in enrollment.

*If you have already contributed \$5,000 in the current calendar year, your new deductions will not begin until the next calendar year.

Health Savings Account (HSA)

HSA contributions can be updated at any time during the Plan Year. For more information see the [Health Savings Account Fact Sheet \(PDF\)](http://www.cu.edu/node/153374) (www.cu.edu/node/153374).

- You must be enrolled in the CU Health Plan-High Deductible to enroll in the HSA.
- Your contributions may not exceed \$4,400 for single coverage or \$8,750 for family coverage in the calendar year (January - December 2026).
- If you are age 55 or older, you can make an additional contribution of \$1,000.
- If you are a current CU Health Plan-High Deductible plan participant and want to enroll in the HSA or are a current HSA participant and want to update your HSA, please call Employee Services at 303-860-4200, option 3 or complete the [HSA Authorization Form](http://www.cu.edu/node/115949) (www.cu.edu/node/115949).
- If you are enrolling in the CU Health Plan-High Deductible for the first time and want to enroll in the Health Savings Account, please continue and complete Attachment A. Attachment A is not required if you are already enrolled.
- If you are enrolled in ANY PART of Medicare and you continue to contribute to your HSA, you will be subject to tax penalties. Please see our [Active Employment and Medicare Eligibility guide](http://www.cu.edu/node/298582) (www.cu.edu/node/298582).

General Fraud Statement

Any employee, employee's dependent(s), or other individual(s) who knowingly provides false, incomplete, or misleading facts or information on any Benefits Enrollment/Change Form, benefits enrollment website, affidavit, or other document for the purpose of defrauding or attempting to defraud the university's benefits plans hereto commits a fraudulent act. Any such person will be subject to civil and/or criminal penalties, fines, denial of enrollment in any or all the university's benefits plans, or as provided in regulations, statutes, and applicable written directives.

Authorization and Signature – Read, Sign and Send in

I certify that by completing, signing and returning this form, I agree to abide by the eligibility, enrollment and election procedures for my University of Colorado benefits as outlined on the Employee Services website at www.cu.edu/benefits.

By signing this form, I attest that I have reviewed the dependent eligibility definitions and that the information I am sending is true and accurate. I understand that if I have knowingly provided false or misleading information related to the enrollment of an ineligible dependent in a benefits plan, I may be subject to discipline, and the university may be required to take action to recover funds expended due to fraud or fiscal misconduct.

I certify that I have been given the opportunity to enroll for group benefits insurance as offered by and through the University of Colorado. I understand that I cannot change certain elections until the next Open Enrollment period unless I have a Qualifying Life Change.

I agree to utilize the appeal procedure(s) established by the carrier(s)/administrator for resolving claims disputes. Depending on the conditions set forth by the carrier, this agreement may require binding arbitration instead of a court trial for dispute resolution.

I acknowledge that carriers may release certain information about me and/or my dependent(s) when required under federal or state law, or pursuant to legal process, and may release and obtain medical information to or from other carriers, providers, and public agencies for the purpose of providing health care services, to facilitate payment for these services, and conduct related administrative operations.

I hereby authorize the University of Colorado to deduct the necessary premiums, if any, from my paycheck or bill me directly.

Signature: _____ Date: _____

Action Required

If you are enrolling in the CU Health Plan - High Deductible for the first time and want to enroll in the Health Savings Account, please continue and complete [Attachment A](#).

OR

If you are ready to complete your enrollment, [go to page 9](#).

Attachment A: Health Savings Account (HSA) Authorization

Only complete if enrolling in the CU Health Plan-High Deductible for the **first time**.

If you are a current CU Health Plan-High Deductible plan participant and want to enroll in the HSA or are a current HSA participant and want to update your HSA, please call Employee Services at 303-860-4200, option 3 or complete the [HSA Authorization Form](#) (www.cu.edu/node/115949).

- You must be enrolled in the CU Health Plan-High Deductible as a primary member to enroll in the HSA.
- Visit the [CU HSA website](#) (www.cu.edu/node/153425) for current calendar year (Jan.- Dec. 2026) **contribution limits**.
- Once your account is opened, you will receive a welcome packet from Optum Bank in the mail with information about using your HSA, creating an online account and the agreements governing your account.
- Send this form to Employee Services (ES) by the 10th of the month in which the change is to be effective to ensure that your election is entered for that monthly pay cycle.

Employee Information

Employee ID#: _____ First Name: _____ Last Name: _____

Middle Initial: _____ Phone Number: _____ Email: _____

Enrollment Type – New Enrollment

Deduction - For current calendar year limits, refer to our [HSA webpage](#) (www.cu.edu/node/153425).

I elect to enroll in an annual pledge of \$ _____.

I understand that my annual pledge amount entered above includes any deductions already taken in the current calendar year plus any pending deductions.

Acknowledgment - I understand and agree to the following:

1. I would like to open an Optum Bank HSA, and I am eligible to contribute to an HSA.
2. I authorize the University of Colorado to act as my agent to open an Optum Bank HSA for me and to send my name, residential address, date of birth, Social Security Number/Individual Taxpayer Identification Number, phone number, email address, country of citizenship and residency status to Optum Bank. As an agent on my behalf, the University of Colorado will receive a notice from Optum Bank, which explains that Optum Bank will obtain, verify and record information to identify me before it opens my HSA. Optum Bank does this to help the United States government fight money laundering activities and terrorism funding.
3. I agree that the University of Colorado will be my agent until the first of three events occurs:
 - I receive my HSA welcome packet from Optum Bank.
 - I give the University of Colorado my written notice that I do not want the University of Colorado to act as my agent, and the University of Colorado has enough time to act on my notice.
 - I receive a notice from Optum Bank that my application for an HSA has been declined.
4. I also authorize Optum Bank to make any inquiries it considers appropriate to determine if it should open and maintain my HSA. This may include obtaining information from a credit reporting agency for identity verification and fraud protection.

Once your account is opened, you'll receive a welcome packet in the mail with information about using your HSA, creating an online account and the agreements governing your account. If you no longer want an HSA, you'll have seven business days after receiving your welcome packet to cancel the account. If you have other questions or would like to review the agreements, visit <https://www.optumbank.com/> or call 1-844-326-7967.

Authorization and Signature

By my signature below, I agree that for amounts paid after the date this agreement is effective, my salary will be reduced by the dollar amount elected herein. I am eligible to enroll in an HSA, and I have reviewed, understand and agree to the provisions listed under the Acknowledgement section of this agreement.

Employee Signature: _____ Date: _____

Complete Your Enrollment: How to Upload This Form

Upload your Benefits Enrollment/Change Form electronically for a fast and secure method to complete your enrollment:

1. **Complete** and **sign** (page 7).
2. **Save** this form to your device.
3. **Upload** your saved form and supporting documents if applicable. You will be prompted to sign into your employee portal if you are not already signed in.

If you **do not** have access to the employee portal, securely [upload your form](#).

Dependent eligibility verification (DEV)

If you are enrolling a **new** dependent that has not previously completed dependent eligibility verification with Employee Services, you may upload your supporting documents with this Benefits Enrollment/Change Form or you will need to complete the [DEV form](#) in your employee portal within 31 days of your hire date or Qualifying Life Change.

However, If you are waiting for documentation for a newborn (i.e. birth certificate/SSN), please submit this enrollment form within the 31-day deadline and submit the DEV documentation as soon as it arrives via the [DEV form](#) in your employee portal.

Alternate Ways to Complete Enrollment

In the event you are unable to complete your enrollment electronically, you may do so in the ways described below. Note that these methods do take longer to process.

Make a copy and mail the original to:

Employee Services
University of Colorado
1800 Grant Street, Suite 400
Denver, CO 80203

By fax

Fax to 303-860-4299 (retain a copy of the fax transmission)

By email

Documents with personal information should never be emailed for security reasons.

Alternate DEV submission

If you are unable to access your portal and need to submit DEV documentation, go to the [DEV website](#) (<https://www.cu.edu/node/116040>). This is only recommended in the rare case you do not have access to your employee portal. DEV submitted this way will take longer to process.