

State of Colorado Self-Funded: Choice Plus Co-Pay Option

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 07/01/2013 – 06/30/2014

Coverage for: Employee & Family | Type: PPO



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.myuhc.com or by calling 1-877-283-5424. A Uniform Glossary can be accessed at: www.dol.gov/ebsa/healthreform.

Important Questions	Answers	Why this Matters:
What is the overall deductible ?	\$ 1,500 Ind/ \$3,000 Family Network; \$3,000 Ind/ \$6,000 Family Non-Network. Does not apply to preventive care.	You must pay all the costs up to the deductible amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the deductible starts over (usually, but not always, January 1 st). See the chart starting on page 2 for how much you pay for covered services after you meet the deductible .
Are there other deductibles for specific services?	\$ No	You don't have to meet deductibles for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an out-of-pocket limit on my expenses?	\$ Yes. \$5,000 Ind/ \$10,000 Family Network; \$10,000 Ind/ \$20,000 Family Non-Network	The out-of-pocket limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the out-of-pocket limit ?	Premiums, balance-billed charges, health care this plan doesn't cover and penalties for failure to obtain preauthorization for services.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Is there an overall annual limit on what the plan pays?	No	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a network of providers ?	Yes. See www.myuhc.com or call 1-877-283-5424 for a list of network providers	If you use a Network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware, your Network doctor or hospital may use a Non-Network provider for some services. Plans use the term in-network, preferred , or participating for providers in their network . See the chart starting on page 2 for how this plan pays different kinds of providers .
Do I need a referral to see a specialist ?	No	You can see the specialist you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about excluded services .

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Corrected on May 11, 2012

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- **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **coinsurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan may encourage you to use Network **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use a Network Provider	Your Cost If You Use a Non-Network Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$30 copay/visit	50% coinsurance	---none---
	Specialist visit	\$50 copay/visit	50% coinsurance	---none---
	Other practitioner office visit	\$50 copay/visit	50% coinsurance	Acupuncture and chiropractic services limited to \$750/year 20 visits/plan year each of physical, occupational or speech therapy; one vision exam every 12 months
	Preventive care/screening/immunization	No charge	50% coinsurance	Deductible does not apply for Non-Network services
If you have a test	Diagnostic test (x-ray, blood work)	20% coinsurance	50% coinsurance	---none---
	Imaging (CT/PET scans, MRIs)	20% coinsurance	50% coinsurance	---none---

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If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.myuhc.com .	Generic drugs	Retail: \$10 Mail Order: \$25	Retail: \$10 Mail Order not covered	Retail: Up to a 31-day supply. Mail Order: Up to a 90-day supply. Certain drugs, including certain specialty drugs, may need to be obtained from a designated pharmacy. See www.myuhc.com for information on drugs covered by your plan.
	Preferred brand drugs	Retail: \$25 Mail Order: \$62.50	Retail: \$25 Mail Order not covered	
	Non-preferred brand drugs	Retail: \$50 Mail Order: \$125	Retail: \$50 Mail Order not covered	
	Specialty drugs	20% coinsurance	50% coinsurance	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	50% coinsurance	---none---
	Physician/surgeon fees	20% coinsurance	50% coinsurance	---none---
If you need immediate medical attention	Emergency room services	20% coinsurance	20% coinsurance	Network Deductible applies for Non-Network services.
	Emergency medical transportation	20% coinsurance	20% coinsurance	Network Deductible applies for Non-Network services. Notification requirements apply for non-emergency services.
	Urgent care	\$75 copay/visit & 20% coinsurance	50% coinsurance	---none---
If you have a hospital stay	Facility fee (e.g., hospital room)	\$1,000 copay/stay 20% coinsurance	50% coinsurance	---none---
	Physician/surgeon fee	20% coinsurance	50% coinsurance	---none---

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If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	\$30 copay/visit	50% coinsurance	Benefits for outpatient visits for medication management will be paid at 100%
	Mental/Behavioral health inpatient services	\$1,000 copay/stay 20% coinsurance	50% coinsurance	Network Deductible does not apply.
	Substance use disorder outpatient services	\$30 copay/visit	50% coinsurance	Benefits for outpatient visits for medication management will be paid at 100%
	Substance use disorder inpatient services	\$1,000 copay/stay 20% coinsurance	50% coinsurance	Network Deductible does not apply.
If you are pregnant	Prenatal and postnatal care	Physician's office - \$30 copay/visit	50% coinsurance	Network copay will only apply to the initial office visit.
	Delivery and all inpatient services	\$1,000 copay/stay 20% coinsurance	50% coinsurance	Network Deductible does not apply. Notification/Precertification is required if inpatient stay exceeds 48 hours for normal delivery or 96 hours following a caesarian delivery.
If you need help recovering or have other special health needs	Home health care	20% coinsurance	50% coinsurance	Limited to 100 visits/plan year.
	Rehabilitation services	\$50 copay/visit	50% coinsurance	Limited to 20 visits/plan year.
	Habilitation services	Not covered	Not covered	---none---
	Skilled nursing care	20% coinsurance	50% coinsurance	Limited to 30 days/plan year.
	Durable medical equipment	20% coinsurance	50% coinsurance	Limited to \$5,000/plan year.
	Hospice service	20% coinsurance	50% coinsurance	---none---
If your child needs dental or eye care	Eye exam	\$30 copay Optometrist/\$50 copay Specialist	Not covered	Limited to one exam every 12 months.
	Glasses	\$25 copay	Limited benefit	Every 24 months: Eyeglass lenses 100% Frames \$130 Contacts \$150

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	Dental check-up	Not covered	Not covered	---none---

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Cosmetic surgery
- Dental care (adult/child unless accidental)
- Habilitation Services
- Infertility treatment
- Long-term care
- Non-emergency care when travel outside the U.S.
- Private Duty Nursing
- Routine foot care
- Weight loss programs

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Acupuncture
- Bariatric surgery
- Chiropractic care
- Hearing aids

Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such right may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage contact the plan at 1-877-725-4545. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and

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Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to [appeal](#) or file a [grievance](#). For questions about your rights, this notice, or assistance, you can contact: Member Services at 1-877-283-5424 or the Division of Human Resources, Employee Benefits Unit at 1-800-719-3434 or 303-866-3434.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-283-5424.

To see examples of how this plan might cover costs for a sample medical situation, see the next page.

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About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby (normal delivery)

- **Amount owed to providers: \$7,540**
- **Plan pays \$ 5,810**
- **Patient pays \$ 1,730**

Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

Patient pays:

Deductibles	\$0
Copays	\$1,020
Coinsurance	\$560
Limits or exclusions	\$150
Total	\$1,730

Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- **Amount owed to providers: \$5,400**
- **Plan pays \$ 2,840**
- **Patient pays \$ 2,560**

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Deductibles	\$1,500
Copays	\$700
Coinsurance	\$280
Limits or exclusions	\$80
Total	\$2,560

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Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **copayments**, and **coinsurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

- ✗ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

- ✗ **No.** Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

- ✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

- ✓ **Yes.** An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **copayments**, **deductibles**, and **coinsurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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