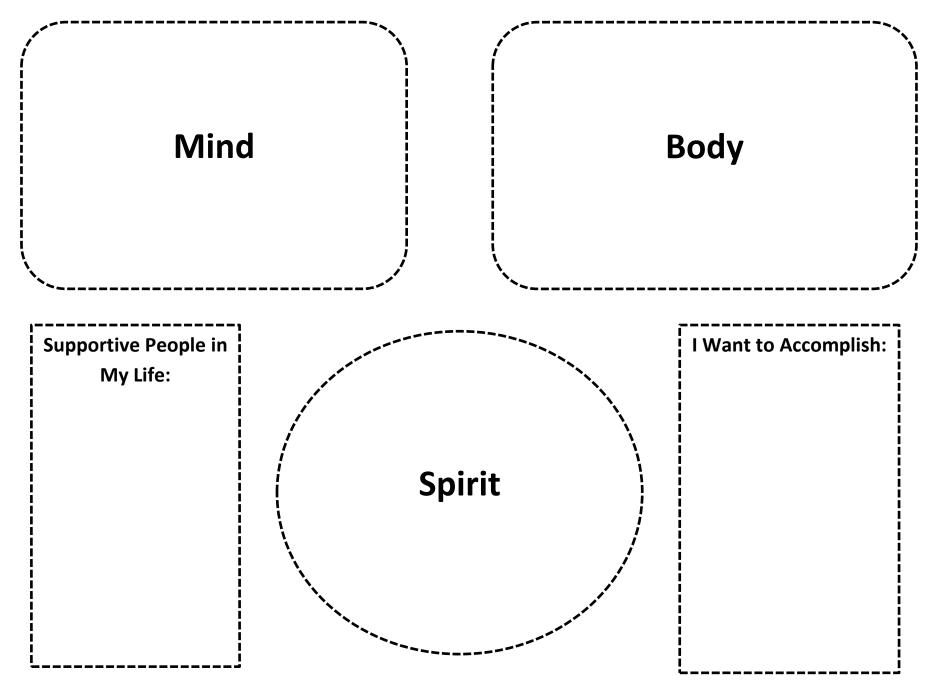
My Self Care Plan



"The time to repair the roof is when the sun is shining."- John F. Kennedy