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## EMPLOYEE SERVICES

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## Learning Guides [1]

Consult one of our prepared **Learning Guides** to jumpstart your self-guided learning experience, or use the SkillSoft [course catalog](#) [2] to craft your own unique syllabus.

### Featured Learning Guide: Microsoft Office [3]

[3]

**Knowledge Centers** are up-to-date resources available to point you in the right direction if you are interested in Business, Java, Management or Oracle. They are a powerful aid to learners of any skill level. Find Knowledge Centers in the SkillSoft in the left hand toolbar.

### Suggested Learning Guides

- [Active Listening](#) [4]
- [Customer Service](#) [5]
- [Health and Wellness](#) [6]
- [Meeting Management](#) [7]
- [Project Management](#) [8]
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### Knowledge Centers

- Business Exploration Series
- Java
- Management
- Oracle

### Attachments:

**Video:**

**Images:**

**Groups audience:**

Employee Services

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[6] [http://www.cu.edu/sites/default/files/2015\\_HealthWellness.pdf](http://www.cu.edu/sites/default/files/2015_HealthWellness.pdf)

[7] [http://www.cu.edu/sites/default/files/2015\\_MeetingMang.pdf](http://www.cu.edu/sites/default/files/2015_MeetingMang.pdf)

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[9] <http://www.cu.edu/employee-services/sharepoint-2013-learning-guide>

[10] [http://www.cu.edu/sites/default/files/2015\\_SocialNetworking.pdf](http://www.cu.edu/sites/default/files/2015_SocialNetworking.pdf)