Optum [1]

Optum provides benefits-eligible employees who are insured under CU Health Plan - High Deductible [2] a Health Savings Account to cover qualified medical expenses.

The money you put into an HSA rolls over from year to year – the money is yours to keep saved or spend on qualifying medical expenses. If you leave the university in any capacity, you will keep your HSA through retirement.

Please note: You can enroll in an HSA at any time during the plan year.

Who is this for?

- Benefits-eligible employees enrolled in CU Health Plan - High Deductible [2]

Optum [3] provides a wealth of resources, from informational videos to flyers to live and recorded webinars on their employee HSA information page [4]
. We're sharing some of their key videos and flyers, here for Open Enrollment:

Resources

All the following documents are available in English and Spanish.

- Introduction to HSAs [5]
- Qualified Medical Expenses [6]
- Investing with your HSA [7]
- HSAs and Medicare [8]

Website

Visit the Optum website [3] for more guides, videos and webinars.

Videos

- Optum Open Enrollment webinar [9]
- What is an HSA? [10]
- How to use an HSA [11]

- Investing with an HSA [12]
- Tax time and an HSA [13]

Tools

- Health Savings Account Calculator [14]
- Health Savings Checkup [15]
- Optum store [16]

Groups audience:
Employee Services
Right Sidebar:
ES: Open Enrollment - Optum Contact

Source URL:https://www.cu.edu/employee-services/open-enrollment/sessions-fairs/optum

Links
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