

Contact Benefits ^[1]

Benefits Administration Outreach Offices

Contact Us

Main Phone Number: 303-860-4200

Mailing Address:

Toll Free Number: 1-855-216-7740 (option 3)

University of Colorado

1800 Grant St., Suite 400

Attention: Benefits counselors are not available from 9 to 11:00 a.m. Fridays.

Email Address:

Benefits@cu.edu ^[2]

The current campus appointment schedule and locations are as follows (subject to change):

Emails distributed throughout the

working day and will be

responded to by the following:

day. Floor - HR Office - Room NG018B. Available by

appointment only.

Interoffice Mail: Campus Box

400 UCA

Research Center - East Campus, 3100 Marine St.,

Room A 342. Available Thursdays by appointment only.

- **University of Colorado Colorado Springs:** Contact

Employee Services for dates, location and availability.

Groups audience:

Employee Services

If you need immediate assistance or want to schedule an appointment, call 303-860-4200 or toll free 1-855-216-7740, or email benefits@cu.edu ^[2]

Source URL:

<https://www.cu.edu/employee-services/contact-benefits>

Links

[1] <https://www.cu.edu/employee-services/contact-benefits> [2] <mailto:benefits@cu.edu>