



University of Colorado

Boulder | Colorado Springs | Denver | Anschutz Medical Campus

EMPLOYEE SERVICES

Published on *University of Colorado* (<http://www.cu.edu>)

[Home](#) > Benefits

Contact Benefits ^[1]

Benefits Administration Outreach Offices

Location

Mailing Address:

Employee Services
University of Colorado
1800 Grant St., Suite 400
Denver, CO 80203

Email Address:

Benefits@cu.edu ^[2]

Email is distributed throughout the working day and will be responded to within one business day.

Interoffice Mail: Campus Box
400 UCA

Contact Us

Main Phone Number: 303-860-4200

Toll Free Number: 1-855-216-7740 (option 3)

Attention: Benefits counselors are not available from 9 to 10:30 a.m. Fridays.

The current campus appointment schedule and locations are

as follows (subject to change):

- **Anschutz Medical Campus:** Building 500, Room C8000B, 8th floor. Available from 8:30 a.m. to 5 p.m. Wednesdays (closed for lunch from noon to 12:30 p.m.).
- **University of Colorado Boulder:** Administrative and Research Center - East Campus, 3100 Marine St., Room A 342. Available Mondays by appointment only.
- **University of Colorado Colorado Springs:** Contact Employee Services for dates, location and availability.

If you need immediate assistance or want to schedule an appointment, call 303-860-4200 or toll free 1-855-216-7740, or email benefits@cu.edu^[2]

Source URL: <http://www.cu.edu/employee-services/contact-benefits>

Links:

[1] <http://www.cu.edu/employee-services/contact-benefits>

[2] <mailto:benefits@cu.edu>