



# University of Colorado

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## Benefits

Benefits are an important part of your total compensation, so it's important to know exactly what your package includes. One unique feature of your University of Colorado benefits package is that we contribute 85% to 90% of your medical premiums. CU also contributes handsomely to the two core retirement plans it offers.

The University of Colorado offers its employees a comprehensive benefits package, which includes medical, dental, vision, life insurance, short-term and long-term disability, retirement savings and wellness programs. To find details on your benefits, select your employee type:

[Faculty, Staff and Officers](#)



[Student employees](#)



[Retirees](#)



*If you need personal assistance, call 303-860-4200, or toll-free at 855-216-7740 (option 3) for questions, or to schedule an appointment.*



**Source URL:** <http://www.cu.edu/employee-services/benefits/retirement>