



University of Colorado

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EMPLOYEE SERVICES

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[Home](#) > Cafeteria Plans

Cafeteria Plans ^[1]

If you're eligible to participate in a cafeteria plan, you can lower your taxable income by enrolling and using your plan to purchase health, life, dental and other benefits of your own choosing, and get your premiums deducted before your pay is taxed.

CU cafeteria plans

- CU's Health Savings Account
 - Health Care Flexible Spending Account
 - Dependent Care Flexible Spending Account
 - Premium-Only Plan
-

Check your eligibility for these plans:

[Faculty](#) ^[2]

[University staff](#) ^[3]

[Classified staff](#) ^[4]

Groups audience:

Employee Services

Right Sidebar:

ES: Benefits Contact

ES: Benefits Info in the Portal

Source URL: <http://www.cu.edu/employee-services/benefits/cafeteria-plans>

Links:

[1] <http://www.cu.edu/employee-services/benefits/cafeteria-plans>

[2] <http://www.cu.edu/employee-services/faculty-benefits#tabs-6>

[3] <http://www.cu.edu/employee-services/university-staff-benefits#tabs-6>

[4] <http://www.cu.edu/employee-services/classified-staff-benefits#tabs-6>