Navigate your health benefits with redesigned Benefits & Wellness area in the employee portal [1]

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Each CU health plan features unique benefits and limitations. Employee Services is dedicated to making the individual facets of each of your plans — whether it's medical, dental, vision or savings — easier than ever.

Employees who log into the employee portal will discover a new range of additional tiles highlighting the finer details of each of your plans. You'll be able to easily get information about the plans you're enrolled in, find instructions to access your ID cards, locate a provider, identify your covered services, and learn about any copays or deductibles that apply.

Benefits Enrollment

Benefits Summary

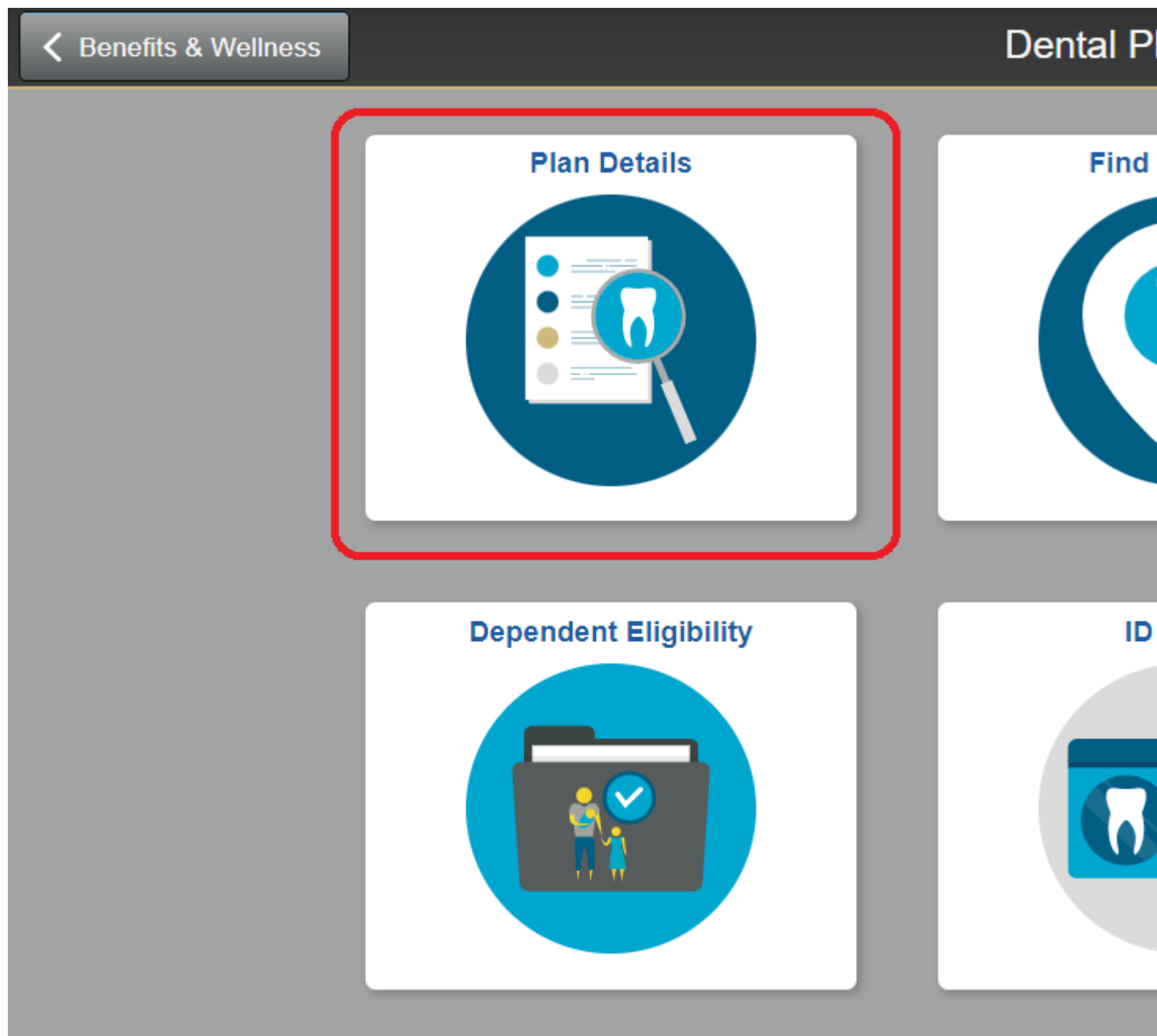## Benefits News & Events

Benefits Forms

Vision Plan

Dental Plan

To get started, click on the tile associated with the information you need. Not sure which plans you're enrolled in? Click on **Benefits Summary**.

Want to see what services are covered under your dental plan? Select the **Dental Plan** tile, and on the next page click **Plan Details**.

Everything else to manage your benefits

There's more beyond plan information. You'll find information on updating your coverage in response to life events, important benefits forms, news and events that impact your coverage, and details on wellness perks like mental health assistance and a sleep improvement program.

To access these new features:

1. Visit the to the CU **employee portal** [3]and select your campus.
2. Log in with your employee credentials.
3. Select the **Benefits and Wellness** tile OR select "Benefits and Wellness" from the drop-down menu at the top center of your screen.

Benefits and Wellness [4], benefits [5], Employee Portal [6]
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