

Make your health plan selections by May 7 ^[1]



April 30, 2021 by [Employee Services](#) ^[2]

The deadline for faculty and staff to make updates to their benefits plans and re-enroll in flexible savings accounts (FSAs) is approaching fast. All Open Enrollment health care elections for the 2021-22 plan year must be submitted in the [employee portal](#) ^[3] by 5 p.m. (MDT) May 7.

If you are happy with your current health coverage, you don't need to take action for current coverage to remain the same. There's one exception: If you are enrolled in a **Flexible Spending Account must re-enroll** for the 2021-22 plan year if you wish to continue using an FSA.

Find plan details, informational videos, FAQs, brochures and more by visiting the [Open Enrollment homepage](#) ^[4].

Review the [What's New page](#) ^[5] to see a summary of changes for the next plan year. Some key changes to CU's health plans include an [increase in monthly premiums](#) ^[6] and out-of-pocket limits for most plans, an expansion of care options through Kaiser with added medical centers and urgent care services, expansion of specific dental services in all Delta Dental plans and more.

Watch CU's two digital courses: [Open Enrollment Overview](#) ^[7] and [Basics of CU's Health Plans and Pretax Savings](#) ^[8]. These courses are available in English and Spanish.

Finally, once you have gathered all the information they need on CU's plan options, the [How to Enroll guide](#) ^[9] can help you navigate signing up.

After taking time for your benefits, enroll in digital delivery

Each year, the university is legally required to mail all CU Health Plan enrollees a large packet of benefits notices. However, you can opt to receive these notices electronically via email. We'll deliver them to your email inbox and store them conveniently in the portal where you can access them any time – saving time, paper and mailing costs.

[See sign up instructions](#) ^[10].

[open enrollment](#) ^[11], [CU Health Plans](#) ^[12], [health care](#) ^[13], [dental](#) ^[14], [Anthem](#) ^[15], [Kaiser](#) ^[16], [fsa](#) ^[17], [flexible spending accounts](#) ^[18], [virtual health fair](#) ^[19], [health savings account](#) ^[20]

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