

The University of Colorado has two online learning systems. Which one is right for you?

	Skillsoft	Lynda.com	Both
Where can I find Skillsoft and Lynda.com?	Both Skillsoft and Lynda.com can be accessed under the Training menu in the employee portal (my.cu.edu).		
Can I use this program to complete my required compliance training?	Yes. CU compliance courses can be completed in Skillsoft.	No.	
What topics are offered?	CU compliance courses Health/safety protocols	Web design Education training	Desktop operationsITBusiness and leadership
How are the lessons taught?	Whether you learn through visuals, one-on-one mentoring or simulations, Skillsoft will walk you through on your own pace in your own learning style.	Lynda.com has quick, accessible learning videos that can be viewed at any time.	Skillsoft and Lynda.com use learning paths/plans to guide your learning. All resources can be paused, bookmarked and returned to later.
What type of resources are available?	 Online courses Books 24x7 Job Aids and SkilBriefs Videos Simulations/Business Exploration Series Mentoring TestPrep Exams Knowledge Centers 	Video based courses Weekly Series videos Practice files Learning Paths	
How long will a lesson take?	Most videos and self- guided programs will vary in length from a few minutes to an hour. Courses usually take about 1 hour to complete.	Videos range from 2 minutes to 2 hours. Video series can add up to 16 hours of training.	Resources will range from 2 minutes to 2 hours.
How do I view my progress?	My Progress documents courses completed and in progress.	Course History records your progress and completion certificates.	
How do I document course completions?	Certificates of Completion are available – download or print it.	At the end of each course, Lynda.com awards a Certificate of Completion – print it or share it as a badge on your LinkedIn profile. They are found under Certifications (Profile menu – dropdown by name).	Certificates of Completion are available in Skillsoft and Lynda.com
Will I be able to complete certification exams?	No. Skillsoft and Lynda.com offer courses to help you prepare for certification exams. They do not offer the exams themselves.		